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Wednesday



Australia apologized for causing "profound grief."

Act of Apology: Australia seeks Aborigines' forgiveness | **8**

Record Losses: GM offers buyouts amid \$39B deficit | **12**



Under Oath: Clemens set to take his denial to the Hill | **13**

ENTERTAINMENT

Remix: Michael Jackson rocks our world with an updated 25th anniversary edition of 'Thriller.' Plus, 'Gone Baby Gone' on DVD.

>> **21-24**



Big Turnout Energizes Potomac Primary



SIGNING IN: Voters register to cast ballots in Silver Spring, Md., on Tuesday during the "Potomac Primary." Heavy turnout was reported in what was rare chance for area voters to cast ballots before either party's presidential nominee had been decided. Democrat Barack Obama was an easy winner in Virginia, with the GOP race too close to call at deadline. ♦ **Full coverage:** Maryland and D.C. polls closed after deadline. For results | **Today's Washington Post**

Mortgage 'Lifeline' Proposed

Lenders offer 30-day reprieve for delinquent homeowners

WASHINGTON | Homeowners threatened with foreclosure would in some instances get a 30-day reprieve under an initiative the Bush administration announced Tuesday. Critics attacked the proposal as far short of what is needed to resolve a serious financial crisis that is threatening millions of families with the loss of their homes.

Under the new program, Dubbed "Project Lifeline," six of the nation's largest financial

institutions said they will begin contacting homeowners who are 90 or more days overdue on their monthly mortgage payments. The homeowners will be given the opportunity to put the foreclosure process on pause for 30 days while the lenders look for a way to make the mortgage more affordable.

The new program represents the widening of an initiative announced by President Bush in December that offers a freeze on sub-

prime mortgage rates that are scheduled to reset to sharply higher rates for borrowers who qualify for the assistance. While saying the 30-day pause in the foreclosure process was not a silver bullet, Treasury Secretary Henry Paulson said it could give borrowers valuable time to work out refinancing terms with their lenders.

Critics said much more assistance will be needed to prevent what is expected to be a tidal wave of foreclosures in the coming two years. MARTIN CRUTSINGER (AP)

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Q DO YOU BELIEVE ROGER CLEMENS WHEN HE SAYS HE NEVER USED STEROIDS? **A** YES **B** NO

TO VOTE, VISIT READEXPRESS.COM OR TEXT **A** OR **B** TO WPOST (97678) | RESULTS, PAGE 36



WEDNESDAY
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THURSDAY
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FRIDAY
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TODAY: Clouds and rain into the evening; brief snow possible | **34**

eyeOpeners

REPELLENT

Clowns, Broccoli Much More Humane

England's commissioner for children and a civil liberties group joined a campaign Tuesday to ban high-frequency devices intended to drive misbehaving children away from shops and other areas. The so-called "Mosquito" device emits high-frequency noise that is audible—and annoying—to young ears, but generally not heard by people older than 20. "This device is a quick fix that does not tackle the root cause of the problem and it is indiscriminate," English Children's Commissioner Al Aynsley-Green said. The campaigners claim that about 3,500 of the devices are in use. Aynsley-Green said in an interview with British Broadcasting Corp. radio that the devices do not tackle the real problem, which is that children have no place to gather other than on the streets. (AP)

EXPENSES

'The Hooker Wasn't Deductible Either?'

Some companies request tax deductions for philanthropy, others for restaurants bills. But one Israeli business tried to push the envelope by asking to deduct nearly \$860,000 it paid in kickbacks. A Tel Aviv district court rejected the petition on Feb. 8. The business asked to deduct the sum for kickbacks paid to help spur a business deal, which took place in an unidentified African nation. The company alleged the kickback were necessary as a part of the local business custom and therefore should be exempted from the Israeli law. The judge ruled that an Israeli business must adhere to the values of its home nation even while conducting business abroad. The "state's values don't stop at its borders and the petitioner's request damages the bedrock of Israeli law," the judge wrote. (AP)



DOMINIQUE FAGET/AFP/GETTY IMAGES

AIRCRAFT

Heavy Breather

We're including this as an EyeOpener, but is anyone really surprised that a "Star Wars" exhibition — this one's in Brussels — would include a Darth Vader helmet hot air balloon? In this case, a picture of a sky utterly devoid of Lucasfilm characters would be more startling. (EXPRESS)



Left 1,000 miles away, Wheelie found its way back to its owner all by itself.

MILEAGE

Hondas Feel Shame, Are in Disbelief

Frank Oresnik's 1991 Chevy pickup truck passed the 1 million-mile mark with a camera crew filming the event and a public radio audience listening. "I can't tell you how much fun it was," he said. "It was really humbling, all this interest." He said he's had the oil changed more than 300 times. It's had so many changes that the oil pan drain plug had to be rethreaded several times, and "you never hear of that." (AP)

Healthy Adult Volunteers Needed

The National Institute of Mental Health is conducting a psychopharmacology study of mild stress and memory. Participants will be interviewed and will complete a series of tasks during which physiological functioning will be recorded. Volunteers must be between the ages of 18-50.

Financial compensation will be provided for participation.

Call: 1-800-411-1222

(TTY: 1-866-411-1010)

<http://patientinfo.nimh.nih.gov>

or for other studies: www.clinicaltrials.gov



National Institute of Mental Health NIMH
National Institutes of Health, Department of Health & Human Services

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INTO THE WILD: Alaska State Troopers see plenty of hazards, but Howard Peterson was nearly felled by a new one. Peterson was driving near Anchorage, Alaska, when a moose fell from the sky and landed 20 feet in front of his car. The animal fell from a cliff and died.

Nation

THE TRAIL

DAILY DIARY | WASHINGTONPOST.COM

TACTICS

Obama's TXT Reminders



Early Tuesday morning, Sen. Barack Obama sent the first of three text messages to supporters who had signed up for his text-messaging program and live in the Washington, D.C. area.

It was a jam-packed message, starting out with an Obama quote, then asking supporters to forward the text to their friends. Most importantly, the text provided an 866 number to call to find polling locations.

More than any other campaign, with the exception of former Republican candidate Mitt Romney, Obama has innovatively and consistently used text messaging. Obama launched his program in June, following John Edwards and Hillary Clinton. It's impossible to measure how effective it's been, especially since Scott Goodstein, the text guru at the Obama campaign, won't say how many people have signed up for the program. JOSE ANTONIO VARGAS

washingtonpost.com

For extended analysis and up-to-the minute updates from the campaign trail, visit blog.washingtonpost.com/the-trail

AdWatch



“She fought for universal health care long before it was popular. ... Now, she's the only candidate for president with a plan to provide health care for every American.”

—A NEW CAMPAIGN AD FOR SEN. HILLARY CLINTON AIRING IN WISCONSIN.

Senate Approves Telecom Immunity

Bill would protect companies that agreed to government spying

WASHINGTON | The Senate on Tuesday approved new rules for government eavesdropping on phone calls and e-mails, giving the White House much of the latitude it wanted and granting legal immunity to telecommunications companies that helped in the snooping after the Sept. 11 terrorist attacks.

Protection for the telecom companies is the most prominent feature of the legislation, something President Bush had insisted on as



Rep. John Conyers, D-Mich., opposes retroactive immunity for telecom firms.

essential to getting private-sector cooperation in spying on foreign terrorists and other targets. The bill

would give retroactive protection to companies that acted without court permission.

The House did not include the immunity provision in a similar bill it passed last year. House Republicans now want to adopt the Senate bill, which would avoid contentious negotiations to work out differences between the competing legislation.

House Judiciary Committee Chairman John Conyers, D-Mich., said Tuesday he still opposes retroactive immunity.

“There is no basis for the broad telecommunications company amnesty provisions advocated by

the administration,” Conyers wrote in a letter to White House Counsel Fred Fielding asking for documents about the wiretapping program.

The 68-29 Senate vote Tuesday to update the 1978 Foreign Intelligence Surveillance Act belied the nearly two months of stops and starts and bitter political wrangling that preceded it. The two sides had battled to balance civil liberties with the need to conduct surveillance on potential adversaries.

At issue is the government's post-Sept. 11 Terrorist Surveillance Program, which circumvented a secret court created 30 years ago to oversee such activities. PAMELA HESS (AP)

NEW YORK | EVERY GALLON COUNTS



YOU CAN DRIVE IT?: A solar car arrives at a news conference Tuesday for the Great Race 2008. The 65-day race from New York to Paris, scheduled to begin May 30, has added a competition called the MPG Challenge to highlight alternative fuel technology. The vehicle that records the best gas mileage during the race and covers the most miles will win.

Prostate Treatment Questioned

Study: Waiting to seek care for early cancer may not be health risk

HEALTH | Older men with early stage prostate cancer are not taking a big risk if they keep an eye on the disease instead of treating it right away, suggests the largest study to look at the issue since PSA blood tests to detect tumors became popular.

Only 10 percent of the 9,000 men in the study who chose to delay or skip treatment had died of prostate cancer a decade later. The vast majority were alive without significantly worsening symptoms or had died of other causes.

Even the 30 percent in the study who eventually sought treatment were able to delay it for an average of 11 years.

Grace Lu-Yao of Robert Wood Johnson Medical School in New Jersey led the study.

Whether to treat prostate cancer is one of the biggest medical dilemmas today. The disease is the most common cancer in American men, but most tumors grow so slowly they never threaten lives.

MARILYNN MARCHIONE (AP)

Tornado Victims Will Get Trailers

LITTLE ROCK, ARK. | Some of the thousands of trailers sitting unused since they were purchased by the Federal Emergency Management Agency in 2005 for Gulf Coast hurricane victims may finally be put to use — to help victims of last week's tornadoes, officials said Tuesday.

The decision to use some of the

trailers in Arkansas and Tennessee comes after requests by state officials and members of Arkansas' congressional delegation

Tennessee state officials estimate the tornadoes destroyed 517 homes and 61 mobile homes, and estimates in Arkansas suggest about 300 homes were destroyed.

FEMA spokesman James McIntyre said Tuesday his agency wasn't sure how many mobile homes would be used. (AP)

HEARSAY | RACE

“Displaying [a noose] is not a harmless prank, and ‘lynching’ is not a word to be mentioned in jest.”

—PRESIDENT BUSH, DENOUNCING DISPLAYS OF NOOSES IN THE UNITED STATES AT A WHITE HOUSE EVENT TUESDAY MARKING BLACK HISTORY MONTH.

Nation



SAFE KEEPING: An 18-year-old woman in Bremerton, Wash., has been arrested and charged with drug possession after allegedly trying to deposit an envelope full of money and methamphetamine at a credit union, according to court documents.

Sugar Refinery Continues to Burn

Ga. fire officials have spent 5 days trying to extinguish the blaze

PORT WENTWORTH, GA. | Specialists arrived Tuesday to help extinguish a five-day-old sugar-refinery fire burning too intensely and deeply for standard firefighting to douse, and officials feared the deadly blaze could once again burst into explosions.

Thick masses of molten sugar were smoldering at temperatures as high as 4,000 degrees, even after a helicopter dumped thousands of gallons on the fire.

"We're dealing with a dormant volcano full of lava," said Capt. Matt Stanley from the fire department in nearby Savannah.

Six people are confirmed dead in



Jenny Purnell, wife of refinery burn victim Justin Purnell, wipes a tear as she talks to the media about her husband's recovery. Six people died in the refinery blast.

"We're dealing with a dormant volcano full of lava [at the refinery]."

MATT STANLEY, FIRE OFFICIAL

Thursday's fire and two other workers remained missing Tuesday.

Local officials called in a Texas company, Williams Fire Suppression, that can submerge the fire with specialized equipment that pumps out 6,000 gallons a minute.

A helicopter with a 250-gallon bucket dropped almost 100 loads of water from the Savannah River on gutted silos of burning sugar Monday, but it only reduced the

temperature of the sugar to about 2,800 degrees.

Seventeen workers injured in the accident remained hospitalized Monday — 16 in critical condition with severe burns — according to Beth Frits of the Joseph M. Still Burn Center in Augusta.

Dr. Fred Mullins, medical director for the burn center, said it will likely be a week or more before there is any significant sign of recovery for the patients, many of whom will require skin grafts for their most severe burns.

"When you get burned like this, your immune system doesn't function properly," Mullins said.

Justin Purnell, 23, suffered burns on 60 percent of his body and will likely spend about two months in the hospital, his wife said.

"He's very strong, so we know he will pull through," Jenny Purnell said. "Nobody can imagine. It's amazing how your life can change."

GREG BLUESTEIN (AP)

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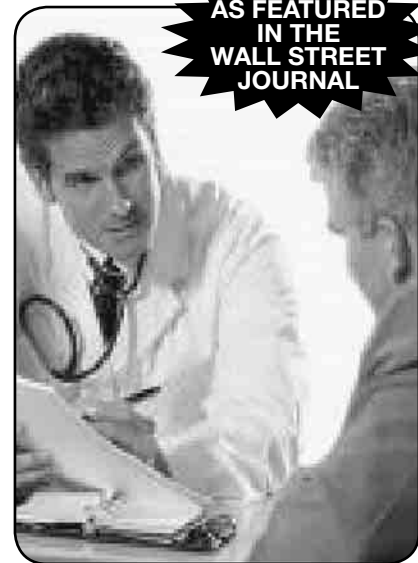
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**Protest 9am-9pm February 15 to February 23, 2008
against the DISCOVERY CHANNEL in Silver Spring, MD at
the corner of Georgia and Wayne Ave in front of their building.**

The Discovery Channel produces many so-called "Environmental Programs" supposedly there to save the planet. But the truth is things are getting *WORSE!* Their programs are causing more harm than good. They are failures. If something is not functioning; there needs to be a change of course. It's time to bring about new initiatives and try different approaches whether they are conventional or unconventional. It is evident that the old approach is ineffective. We can see this when we watch the news or read the newspapers that their ways are not working. It's one disaster after another. They are deliberately showing ineffective shows to make it seem like something is being done when nothing is. Their ineffectiveness is evident by the lack of results. Things should be getting *better* because of their shows, not worse.

We are running out of time to save this planet and the Discovery Channel is a big part of the problem, not the solution. Instead of showing successful solutions, their broadcast programs seem to be doing the opposite. Shows like "Cash Cab" and "Dirty Jobs" serve as diversions to keep the focus off what is really important, which is Global Warming and Animal Extinction. Why do they broadcast a show like "Future Weapons" that only promise to destroy the planet even more? And their new lineup "Planet Green" is all about more *products* and other substandard solutions. Do we really need shows like these when the planet is in crisis? No, instead the focus should be on coming up with new formulas that *actually work*. Why would the broadcasters and programmers focus more on the destruction of the planet rather than saving it?

The reason television shows like these are maintained is due to lack of response. We as a society allowed them to continue; only we the people can *demand* change from them. If the networks are not doing their job, society should find new ways *for* them. Join us in this protest that will be taking place at One Discovery Place, Silver Spring, Maryland 20910, just a short walking distance away from Silver Spring Red Line Metro Station. Please come and make your voice be heard around the world saying you want solutions sought today and you want it broadcast on television continually.

The debate about the state of the planet is done. Global Warming is a reality. The massive extinction of animals is happening all over the world. Now let us begin the debate on how to save the planet. We can't wait anymore, something must be done immediately! Let's act on it right away; let this be a new chapter in the earth's history. As human beings we must join together to save it.



My name is Lee. Look for me on site. I will be demonstrating ideas on how to save the planet in front of the Discovery Channel Building each day until they give in. The idea to save the planet is based on the book "My Ishmael" by Daniel Quinn, where he suggests people can build on each other's ideas to find solutions for saving the remaining species and living sustainably. The Discovery Channel, the networks, and the government don't care about planet-saving ideas that *actually work*. I say that they *must* give other ideas a chance. Join us in *the* protest to save the planet. So please, bring yourself, and maybe a sign with your own slogan with saving the planet as a theme, and some friends.

Please go to the website to network with others, contact us, or for updates:

SaveThePlanetProtest.com



NOT SOLD: A cosmetics line that extolled the virtues of "Looking Good for Jesus" has been pulled from stores in Singapore after shoppers complained, according to news reports Tuesday. Products included a "virtuous vanilla"-flavored lip balm and a "Get Tight with Christ" lotion.

World

In Brief



Nawaz Sharif, left, and Asif Ali Zardari speak to reporters in Lahore Tuesday.

ISLAMABAD, PAKISTAN Opposition Leaders Would Team Up If They Win Votes

Leaders of Pakistan's two main opposition parties said Tuesday they would form a coalition government if — as expected — their groups win the biggest share of votes in next week's parliamentary elections. The hour-long meeting of Benazir Bhutto's widowed husband, Asif Ali Zardari, and former Prime Minister Nawaz Sharif came one day after a survey by a U.S. government-funded organization predicted the opposition would score a landslide victory in the Feb. 18 ballot. (AP)

NAIROBI, KENYA Peace Talks Move to Secret Location for Final Efforts

Peace talks to end postelection bloodshed in Kenya moved to a secret location Tuesday for a final push. Negotiators said the opposition has proposed sharing power with the government for two years and then holding new elections. Annan, who is mediating the talks, "urged the parties not to discuss issues under negotiations with anyone outside the negotiating room," his office said in a statement. (AP)

BAGHDAD Parliament Speaker Warns He May Disband Legislature

The speaker of Iraq's fragmented parliament threatened Tuesday to disband the legislature, saying it is so riddled with distrust it appears unable to adopt the budget or agree on a law setting a date for provincial elections. Disbanding parliament would prompt new elections within 60 days and further undermine Prime Minister Nouri al-Maliki's shaky government. (AP)



Australian Federal Police arrive at the airport in Dili, East Timor, Tuesday, to assist in strengthening the country's security.

Emergency in East Timor

President 'lucky to be alive' after being shot in rebels' coup attempt

DILI, EAST TIMOR | Armored U.N. vehicles guarded East Timor's leaders Tuesday under a state of emergency declared after rebel soldiers critically wounded the Nobel Peace Prize-winning president and fired at the prime minister's convoy.

The army chief blamed the U.N. — which oversees a 1,400-member international police force — for failing to protect the country's two top leaders and demanded an outside investigation.

But the U.N. deputy head for East Timor said President Jose Ramos-Horta had wanted security provided by national authorities.

Ramos-Horta was airlifted

to an Australian hospital, where surgeons said Tuesday he was "extremely lucky to be alive" after they operated for three hours to remove bullet fragments.

"His condition remains extremely serious, but by the same token, stable," Dr. Len Notaros, the general manager of the Royal Darwin Hospital, told the Australian Broadcasting Corp. "The next few days will be the telling point."

Ramos-Horta was shot in the chest and stomach in an apparent coup attempt by rebel soldiers.

His guards returned fire, killing rebel leader Alfredo Reinado. Gunmen attacked Prime Minister Xanana Gusmao's motorcade an hour later, but he was unhurt.

Acting President Vicente Guterres announced the two-day emergency, which bans demonstrations,



- **Population:** 1,084,971
 - **Capital City:** Dili
 - **Area:** 15,007 sq km (slightly larger than Connecticut)
 - **Languages:** Tetum, Portuguese, Indonesian, English
 - **Religion:** Roman Catholic 98%, Muslim 1%, Protestant 1%
- (CIA FACTBOOK)

gives police extended powers and calls for a nighttime curfew.

Australia's troop presence in the tiny country grew to more than 1,000 Tuesday, with the arrival of a Navy warship. ANTHONY DEUTSCH (AP)

Israel Plans 1,000 Jerusalem Homes

Project triggers new crisis amid peace talks, angers Palestinians

JERUSALEM | Israel announced plans Tuesday to build more than 1,000 new homes in disputed east Jerusalem, infuriating the Palestinians and triggering a new crisis in already troubled peace talks.

The Palestinians accused Israel of undermining efforts to reach a peace agreement by the end of the year and urged Israel to halt the project.

The fate of east Jerusalem is the thorniest issue in peace talks. Israel captured the area in the 1967 Middle East war, annexed it and has built a string of neighborhoods there that are now home to

180,000 Israelis.

Olmert's housing minister, Zeev Boim, announced the latest construction plans in response to assertions from Jerusalem's city manager that Olmert is holding up work in east Jerusalem.

Boim said a partial building freeze ordered by Olmert recently applies only to West Bank settlements and not Jerusalem. (AP)

Putin Gives Warning On NATO

Russia could target Ukraine if it joins Western alliance

MOSCOW | Russia could aim nuclear weapons at Ukraine if the former Soviet republic joins NATO and accepts the deployment of anti-missile defenses on its territory, President Vladimir Putin said Tuesday.

Putin spoke at a news conference in Moscow after four hours of talks with Ukrainian President Viktor Yushchenko, in which both countries agreed to settle a dispute over Ukraine's gas debt. Yushchenko has said joining the Western alliance is a priority for his country.

"That of course is Ukraine's internal process ... and we don't have the right, and we won't, interfere in this process," Putin said. But, he added, "that raises the question for Russia of the need for retaliatory actions."

"It's frightening not just to talk about, but even to think about, that in response to such deployment, the possibility of such deployments ... that Russia will have to point its warheads at Ukrainian territory," he said. MIKE ECKEL (AP)

Denmark Arrests 3 in Alleged Plot To Kill Cartoonist

COPENHAGEN, DENMARK | Danish authorities on Tuesday arrested three people suspected of plotting a cartoonist's assassination for his depiction of the Prophet Muhammad wearing a bomb-shaped turban that enraged Muslims in 2005.

Three of Denmark's largest newspapers said they would reprint the cartoon on Wednesday.

Investigators said they foiled the plot in a pre-dawn raid. The police intelligence agency, said two Tunisians and a Danish citizen of Moroccan origin were arrested. (AP)

“Medical Breakthrough For Sciatica”

Tyson's Corner—A new free report has recently been released that reveals an amazing new medical breakthrough research has proven 86% successful treating debilitating back pain. Even with multiple herniated discs. Find out how this accidental discovery has led to the most promising back pain treatment today. For your free report entitled, “*How High Tech Non-Surgical Procedures Now Improve Life for Those with Lower Back Pain, Disc Herniation and Disc Degeneration*” call **1-800-357-5039** and listen to the toll-free 24 Hr. recorded message for all the details. If phone lines are busy, visit: www.DiscReportVA.com. Supplies are limited - call now.

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This information is based on the new book—The 7 Principles of Fat Burning by Eric Berg DC, which will be in bookstores January 2008. The FREE month (normally valued at \$36) includes on month on the fat burning tracker program and the educational seminar on how to burn fat.

Speaker: Eric Berg, DC
DrBergWorkshop.com

World

BLAST FROM THE PAST: Doctors in Spain extracted a bullet from an 88-year-old Spanish Civil War veteran last week. The piece of ordnance had eluded military medics 70 years ago.

Australia Issues Apology

Lawmakers say sorry to Aborigines, marking historic act for nation

CANBERRA, AUSTRALIA | Australia apologized Wednesday to its indigenous people for past treatment that “inflicted profound grief, suffering and loss,” in a historic parliamentary vote that supporters said would open a new chapter in race relations in the country.

Lawmakers unanimously adopted Prime Minister Kevin Rudd's motion to say sorry of behalf of all Australians in an emotional session of the federal Parliament that was telecast across the country and watched by crowds gathered giant screens set up in cities, students in school halls and people huddled around televisions in remote Out-back communities.

“We apologize for the laws and policies of successive parliaments and governments that have inflicted profound grief, suffering and loss on these our fellow Australians,” Rudd said in Parliament, reading



Aboriginal elder Matilda House, center, joins hands with Prime Minister Kevin Rudd, left, and opposition leader Brendan Nelson in Canberra on Tuesday.

from the motion.

The apology was directed at tens of thousands of Aborigines who were forcibly taken from their families as children under now-abandoned assimilation policies.

In a speech urging lawmakers to support the motion that was telecast nationally, Rudd also offered an apology on behalf of the government. “As prime minister of Australia, I am sorry,” he said. “On behalf of the government of Australia, I am sorry. ... I offer you this apology without qualification.”

Rudd received a standing ovation

‘WE SAY SORRY’

An excerpt from the motion:

→ “The time has now come for the nation to turn a new page in Australia's history by righting the wrongs of the past. ... And for the indignity and degradation thus inflicted on a proud people and a proud culture, we say sorry.”

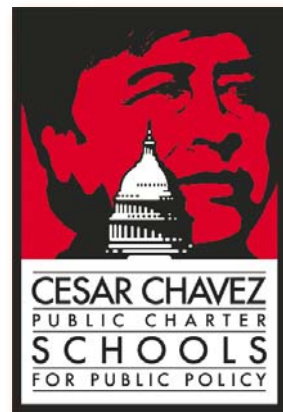
from lawmakers and from scores of Aborigines who were invited to Parliament to witness the event. Many wiped away tears as Rudd spoke.

ROHAN SULLIVAN (AP)

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Famous Billionaire Says Housing Recession & Mortgage Meltdown Signal... Huge Profit Opportunity!

"I've Made Billions! – Now It's Time I Share My Success Secrets with You!"

– Donald Trump, May 8, 2007, Executive Producer, The Apprentice, NBC, Chairman of the Board, The Trump Institute

Dear Washington Area Resident,

Have you seen my TV show, *The Apprentice*? It's been one of the top rated shows on NBC since it premiered on national TV in 2004.

Not only that, it has made me a media phenomenon and forever changed my life. And now, I've decided to make a bold move to share my knowledge and experience in such a way that it could be a great advantage to you.

Can I Make You Rich?

What kind of advantage? The best kind of advantage! The kind of advantage that could make you money and make you rich. You see, **there are more opportunities in business and real estate in the Washington area than ever before.**

If you are seriously interested in hearing what I have to say about being successful, about making money and about getting rich, please read every word of this announcement carefully. It contains an invitation for you to discover what has taken me the better part of my life to learn (and use!), in my everyday business life.

Before *The Apprentice* I was famous for building the world's largest and most beautiful buildings, golf courses and casinos, and for being a marketing whiz when it comes to succeeding in business. Everywhere I went people treated me like royalty and I was generally considered a big shot.

Everything Has Changed!

With this monumental fame there comes a great responsibility (and an enormous opportunity) to make a huge contribution to North America and our economy.

In my world, almost everything revolves around big business. I deal with big corporations, big lenders and big builders – big entities all around. But I have incredible respect for small business owners. There are millions of them in the United States, and they are a powerful force that drives our economy.

Who's Helping Small Business Owners?

Yet, small business owners are also at a disadvantage because they often don't have many resources available to them.

Unlike larger business entities with the

funding to offer company-wide seminars or to subsidize continuing education, small business owners don't have the usual mainstream places to turn when they need advice on how to grow their businesses.

When a small business owner works alone or has only a staff of a handful of people, it's hardly practical to hire a coach to dispense business advice. Then, where can the small business owner turn for high-quality and cost effective resources?

I Want To Do Something Extraordinary!

Earlier I mentioned that I decided to make a bold move to share my knowledge and experience. What I've really decided is that I want to train and educate the next generation of real estate moguls and business entrepreneurs.

I believe that what I have to share will create so much success for my students, that I will leave a legacy as being the father of modern real estate acquisition and entrepreneurial enterprise.

That's why I have created **The Trump Institute.**

Would You Like To Know How I Do It?

Would you like to know how I buy and sell real estate? How I pick properties for huge profits and high yield equity gains?

Would you like to know what I look for when buying a business or starting a new business. If so, come to my new FREE seminar introducing **The Trump Institute** and you'll see first hand the type of hands on education I am offering.

If you're asking yourself, "could this be the moment that changes everything for you?" All I can say is, you'll never know unless you try.

Your Success Depends On You!

Ultimately your success depends on you, and with my help, you will have an education and an advantage that has not only proven to work for me, but it has also worked for many of the world's richest men and women.

You see, in my quest to be the best, I have sought the advice and guidance from people who have also experienced mega-billionaire success. I have incorporated their techniques and experiences into my own personal treasure chest of successful business and real estate knowledge and wisdom.

You Won't Be Disappointed!

Trust me. You won't be disappointed. It's worked wonders for me and when properly applied, it may do the same for you.

It doesn't matter if you are rich or poor, black or white, young or old, male or female, or anywhere in between. I promise that you will discover incredibly valuable things about yourself, doing business and acquiring real estate that may put you on the road to the kind of success you've always dreamed of.

Practical Money-Making Skills

Through this seminar you'll learn practical advice on how to invest in real estate:

- What kind of house to buy to live in
- What to buy for investments
- How to buy the best properties at the best prices
- How to sell your properties for top dollar
- How to get the best mortgage
- How to deal with a broker
- How and when to renovate
- How to pick an interest rate and a down payment
- How to choose a lawyer
- How to negotiate, Trump style!
- How to retire on real estate riches
- And a whole lot more!

If you're more interested in business than real estate, you'll learn practical advice on how to win in business:

- How to choose the right opportunity
- How to develop a successful business plan
- How to raise money
- The best business strategies to make sure you always win
- How to impress anyone in business
- How to decide how much risk to assume
- Why it's important not to reveal what you want until the right time
- When to be stubborn & when to be vulnerable
- How to turn your goals into actions, and actions into wealth
- How to persuade others to pay for your talents, products and ideas



- How to start a business that sets you free for life
- What to do if you tried something before and failed
- How to come back fast when life events interrupt your progress
- The secret to achieving really large goals - like creating wealth
- How to use publicity as a marketing tool - (I'm really good at this!)
- And much, much more!

If you're serious about winning in business or catching the world's greatest wave of real estate profits, come to this introductory seminar. As I've said before,

There's More, Much More!

If you've ever had the pleasure to live in one of my buildings, stay in one of my hotels, or golf at one of my country clubs, then you know that my philosophy is to deliver unprecedented value, beauty and excellent customer service. I have an obsession with the details and that has contributed greatly to my success (and soon you'll see how it will for you!).

My Best DEAL – An Open Invitation For You & Your Associates

It is for this reason that I am making an absolutely irresistible invitation for you to attend my Trump Institute Introductory Seminar. Here's the deal: Admission is FREE.

Sincerely,

Donald J. Trump

P.S. When I said I was going to give you my best deal, I wasn't kidding!

My Best Selling Trump Book FREE!

As a special bonus for all seminar attendees I am offering free, special edition copies of my best selling book: *Think Like A Billionaire*. This book has sold for \$21.95 in book stores throughout the country and it's yours FREE!

There are several days to choose from and several locations available. See below for complete details. Thank you. ■



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Local

Kaine Proposes New Cuts

Governor says revenue collections to come up \$1.4B short of estimates

RICHMOND, VA. | Gov. Timothy M. Kaine said Tuesday that state revenue collections through 2010 will come up nearly \$1.4 billion short of earlier estimates, requiring sweeping budget cuts and a larger withdrawal from the state's cash reserves.

Kaine wants state agencies to draft plans to slash spending by an additional half-percent in the current fiscal year, which ends June 30, and 3 percent in the next two-year budget. The cuts could include an unspecified number of layoffs, the

governor said.

He proposed taking an additional \$162 million from the state's so-called "rainy-day" fund, bringing the total withdrawal to \$423 million.



Kaine

The plan, which the General Assembly will consider in its budget deliberations, does not include any tax increases. Kaine said families and businesses, like state government, are struggling because of the softening national economy.

"This would not be the right time to ask them to do more," Kaine said

at a news conference.

The governor's plan also spares basic state aid to public schools, aid to localities for at-risk children and mental health, which Kaine and legislators are striving to improve after last April's shooting deaths of 32 people at Virginia Tech by a mentally disturbed student.

However, he proposed scaling back state employee and teacher raises by 1 percentage point, to 2 percent and 2.5 percent, respectively. Those would be the first cuts reversed if revenue collections improve, Kaine said.

Kaine's plan does not touch the car tax relief administered by local governments and paid for by the state. LARRY O'DELL (AP)

WASHINGTON | D.C. LEADERS SPEAK OUT ON PRIMARIES



JOHN HARRINGTON/AP/JIM SATELLITE RADIO

OLD TO THE NEW: D.C. Council member and former mayor Marion Barry, left, greets current Mayor Adrian Fenty prior to their interviews on XM's POTUS '08 Channel on Tuesday at historic Ben's Chili Bowl in Northeast. The topic of Tuesday's program was the Potomac Primary, the District's delegate allotment and the District's role in choosing the next president.

The Lotteries

Wednesday, Feb. 12

DISTRICT

Mid-day Lucky Numbers	0-1-3
Evening Lucky Numbers (Tues.)	2-8-2
Mid-day DC 4	2-1-8-0
Evening DC 4 (Tues.)	9-2-5-6
Rolling Cash Five (Tues.)	14-23-27-30-34
Daily 6 (Tues.)	2-8-21-23-26-32 Bonus: 34

MARYLAND

Mid-day Pick 3	8-5-0
Evening Pick 3 (Tues.)	9-8-3
Mid-day Pick 4	0-3-6-3
Evening Pick 4 (Tues.)	9-8-6-7
Match 5 (Tues.)	2-3-4-7-31 Bonus: 33

VIRGINIA

Mid-day Pick 3 (Wed.)	9-5-5
Evening Pick 3 (Tues.)	6-7-6
Mid-day Pick 4 (Wed.)	9-1-1-1

Evening Pick 4 (Tues.)	8-8-9-4
Mid-day Cash 5 (Wed.)	7-13-15-28-30
Evening Cash 5 (Tues.)	3-6-7-14-16

MULTI-STATE GAMES

Mega Millions (Tues.)	21-30-43-46-50
Mega Ball	18

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

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Money

GM Offers More Buyouts

Automaker continues shake-up after losing \$38.7 billion last year

DETROIT | For all the good in GM's 2007 results — the near-record worldwide sales, the reduction in labor costs and in retiree health obligations — there is no getting around the \$38.7 billion in red ink.

The largest annual loss in the history of the auto industry signals that even with a garage full of hot vehicles and a historic new labor contract, GM has little hope of mak-

ing a profit again before 2010 as the weak U.S. economy and competition eat away at its gains.

74
The total number of hourly workers, in thousands, who will be offered a buyout by General Motors.

GM reported the record-setting loss on Tuesday and promptly offered a new round of buyouts to 74,000 U.S. hourly workers in hopes of replacing some of them with lower-paid employees.

GM wouldn't say how many workers it hopes to shed, but under its new contract with the UAW, it

will be able to replace up to 16,000 workers doing non-assembly jobs. The new employees will be paid half the old wage of \$28 per hour.

Under the offer, retirement-eligible workers could get between \$45,000 and \$62,500 as an incentive to retire with full pension and health benefits. Other workers will have the option to retire early or take up to \$140,000 to leave with no pension or health care.

In the U.S., workers represented by the UAW — or about 98 percent of GM's U.S. hourly workers — will be eligible for the buyouts, GM spokesman Dan Flores said. (AP)

BlackBerry Users Fume Over Outage

SAN JOSE, CALIF. | The company that makes the ubiquitous, addictive BlackBerry smart phones said Tuesday it was still looking into what caused the second widespread service disruption in less than a year.

Research in Motion Ltd. said customers in the United States and Canada "experienced intermittent delays" for about three hours Monday beginning about 3:30 p.m.

Outages have been rare in the BlackBerry's nine-year history, but when they do hit, subscribers are quick to unleash their fury.



BlackBerry service went down Monday.

"I'm mad — it's enough already," said a frustrated Stuart Gold, who said he receives 1,000 e-mails per day as director of field marketing

for Web analytics company Omnicore Inc.

Users described frantic moments of tapping away at disabled machines before realizing an outage had zapped their service.

"Everyone's in crisis because they're all picking away at their BlackBerrys and nothing's happening," said Garth Turner, a Canadian Parliament member. "It's almost like cutting the phone cables or a total collapse in telegraph lines a century ago. It just isolates people in a way that's quite phenomenal." (AP)

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
GMH CmTr	8.67	+3.08	+55.1
AlliancOne	4.49	+88	+24.4
KrispKrm	3.02	+38	+14.4
ValeantPh	13.25	+1.62	+13.9
Primedia rs	7.91	+92	+13.2

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Dycom	15.30	-8.01	-34.4
Mastec	7.12	-1.38	-16.2
MBIA	11.50	-2.08	-15.3
AmbacF	8.90	-1.58	-15.1
EMS	26.81	-3.77	-12.3

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
BrdwyF	8.94	+1.94	+27.7
SmithWes	5.67	+1.07	+23.3
DiamMgmt	5.72	+1.02	+21.7
DyaxCp	4.30	+74	+20.8
lomai	1.01	-.03	-2.9

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
NxStageMd	8.49	-4.26	-33.4
NeurMtrx	4.20	-1.20	-22.2
Zoltek	25.94	-6.69	-20.5
KellySB	21.26	-4.04	-16.0
CntIVyCm	10.20	-1.78	-14.9

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	6.00	6.00
Fed Funds close	2.94	2.50
3-month disc	2.26	2.14
2-year	1.94	1.92
10-year	3.67	3.58
30-year	4.46	4.34

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.5097	.5128	.5136
Canadian Dollar	1.0010	1.0019	1.1758
European Euro	.6853	.6888	.7715
Japanese Yen	107.35	106.93	121.92
Mexican Peso	10.7567	10.7613	11.0318
Taiwanese Dollar	31.88	32.00	33.07

DOW NASDAQ S&P 500

DOW	NASDAQ	S&P 500
+133.40	-0.02	+9.73
+1.09		+0.73
12373.41	2320.04	1348.86

Media Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
CBS B	24.72	+20	-9.3
ClearChan	29.54	-17	-14.4
Comcast s	17.23	+20	-5.6
Comc sp s	17.09	+25	-5.7
DirectTV	23.88	+60	+3.3
Disney	32.03	+10	-8
GpTelevisa	21.94	+28	-7.7
NewsCpA	19.37	-14	-5.5
NewsCpB	20.03	-13	-5.7
Omnim s	47.09	+1.63	-9
ReutrGrp	71.21	+79	-6.4
Thomson	35.05	+77	-14.0
TW Cable n	24.66	+22	-10.7
TimeWar	16.22	+59	-1.8
ViacomB	40.14	+75	-8.6

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"I called in sick. ... I didn't have flu. But I felt sick just the same. I just could not deal with this. It's been a hard day for me." —**Clint Malarchuk**, who had his throat cut by a hockey skate in 1989, said he couldn't watch Richard Zednik's accident.



Sports

Clemens Makes Spring Trip to Hill

Week of fresh starts is overshadowed by steroids testimony

BASEBALL | The sun is always shining, or so it seems, when baseball teams gather in Florida and Arizona to begin spring training, as they're doing this week. Everyone is undefeated; hope abounds.

And sometime Wednesday, a player here or there might just flip on a TV and tune in to see the spotlight shine on the sport's seamy side, to watch while celebrated pitcher Roger Clemens and the man who accused him

of using steroids sit in a wood-paneled hearing room in the cold nation's capital to testify to Congress.

"It's disappointing for everyone that plays baseball — not just the players, but management, ownership, commissioner," New York Yankees captain Derek Jeter, a past teammate of Clemens', said Tuesday after working out at the team's minor league complex in Tampa, Fla.

Speaking generally about what has been called baseball's Steroids Era, Jeter added: "It's a bad time for the game."

For many months, the symbolic figure of that "bad time" was viewed



Clemens

McNamee

as home run king Barry Bonds. Now Bonds has ceded much of the attention to Clemens. Both were among the more than 80 players mentioned in former Senate majority leader George Mitchell's report on drugs in baseball, released in December.

The claims about Clemens made

by his former personal trainer, Brian McNamee, resonated the loudest. McNamee, the other chief witness at Wednesday's hearing of the House Committee on Oversight and Government Reform, told federal prosecutors and then Mitchell that he injected Clemens at least 16 times with steroids and human growth hormone from 1998 to 2001.

Lawmakers' ears perked up when Clemens began vigorously and repeatedly denying allegations published by their past col-

league, Mitchell.

Hence Wednesday's hearing, which originally was scheduled to also include former Clemens teammates Andy Pettitte and Chuck Knoblauch, along with convicted steroids distributor and former New York Mets employee Kirk Radomski, all of whom were recused on Monday.

"Things don't ever work out exactly the way you'd like, and I know there will be a lot of attention tomorrow, obviously," commissioner Bud Selig, who testified before the committee last month, said Tuesday. "But pitchers and catchers report this week, and the interest in our sport is enormous." HOWARD FENDRICH (AP)



All angles: Want all the info on Clemens' hearing? Visit washingtonpost.com/sports for live video of the hearing, live blogging by Barry Svrluga and a chat with Mike Wise.

Zednik's Status Is Upgraded to Good

NHL | Upon hearing Richard Zednik's recovery from a life-threatening neck laceration could last six to eight weeks, Olli Jokinen checked his calendar. That would be playoff time in the NHL. And suddenly, the Florida Panthers have a huge source of postseason motivation.

Zednik continued what some termed a remarkable recovery Tuesday, when his condition was upgraded to good and he was moved out of the intensive care unit at Buffalo General Hospital. That was just two days after Jokinen's razor-sharp skate blade sliced the 32-year-old forward's neck, cutting his carotid artery. TIM REYNOLDS (AP)



ABOUTFACE: Maryland coach Gary Williams, center, has turned his team around since starting the year at a disappointing 6-6.

A Tale of 2 Different Terps' Seasons

After a rough start, Gary Williams' team has turned it around

TERPS HOOPS | Gary Williams stood at center court on Saturday night and soaked in the cheers even before the game had started.

The coach, in his 19th year at Maryland, was being honored for his 600th career victory, collected days earlier. The students in

the lower bowl and the graduated fans above clapped and stomped and hollered.

In December, those same fans in those same seats weren't so generous. Boos were heard regularly when the Terrapins were just 6-6 after 12 games. They'd lost to American and Ohio University and seemed on the verge of slipping south of respectability.

What's happened in the 12 games since is another testament to the

patience and judgment that helped Williams collect those 600 wins.

"We're playing very well right now in terms of what we've been trying to do since December and that's get better," Williams said. "I'm proud of our players in terms of our efforts to do that. Hopefully, we can stay consistent down the stretch."

The Terrapins (16-8 overall, 6-3 ACC) are now in third place in the Atlantic Coast Conference. They

defeated then-No. 1 North Carolina and put a scare into No. 2 Duke a week later. They get another shot at the Blue Devils Wednesday night at Cameron Indoor Stadium.

Maryland has shown an improved offensive attack, one able to score from underneath the basket when possible and beyond the arc when necessary. Big man James

NOT-SO-SCARY DEVILS

Cameron Indoor Stadium is regarded as one of the toughest places to play in the country:

→ Under coach Gary Williams, Maryland is one of the few teams seemingly unaffected when visiting Durham. Though the Blue Devils have an all-time record of 47-14 against the Terrapins at Cameron Indoor, the numbers are less lopsided lately. The Terrapins have been victorious in their last two visits, including last year's 85-77 win, and have beaten Duke in five of their last eight meetings. DEREK TURNER

Gist and guard Greivis Vasquez have alternately led the team, while the rest of the starting lineup has also regularly scored in double figures recently.

"I think we realized each player's capability in terms of offense," Williams said. "We've been playing pretty good defense all year, but our offense has stepped up and [the biggest change is] getting the ball to the players where they have a chance to score." DEREK TURNER

TODAY'S TV LINEUP

WIZARDS (10:30 P.M. ON CSN) The Wizards' last chance for a win before the All-Star break comes on Wednesday night against the Clippers.

CAPITALS (7 P.M. ON CSN) After a couple of days off, the Capitals hit the road, starting with a game at Atlanta.

TERPS HOOPS (7 P.M. ON ESPN) Maryland tries to dethrone Duke at Cameron, which is always a tough place to play.

COLLEGE HOOPS (7 P.M. AND 9 P.M. ON ESPN2) St. John's is at Cincinnati, and Kansas State is at Texas Tech.

NBA (9 P.M. ON ESPN) The Suns, still likely without Shaq, are at Golden State.

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NATIONALS BUYING DAY: The Nationals announced Tuesday that individual game tickets, including those for Opening Night, will go on sale March 4 at 9 a.m. Prices range from \$5 to \$325.



Sports

Close Calls Keep Coming

Game after game, the Hoyas prevail by the skin of their teeth

HOYAS HOOPS | In a game in which 47 fouls had already been called and only 30 field goals had been made, Georgetown guard Jonathan Wallace was bumped out of bounds with .1 second left against Villanova.

Two made free throws later and the No. 8 Hoyas — the beneficiaries of another controversial call on Patrick Ewing Jr.'s game-winning block versus West Virginia — had once again escaped with a close win.

CLOSE ENCOUNTERS

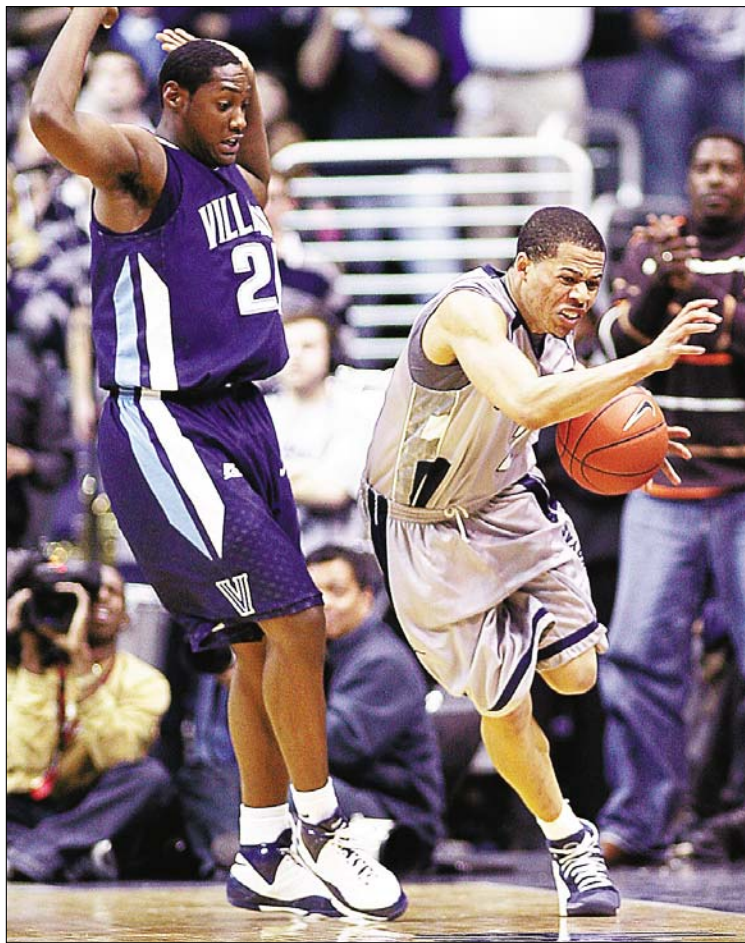
Georgetown is used to nail-biters by now. Four league wins have come by three points or less:

- Jan. 12 vs. Connecticut, 72-69
- Jan. 21 vs. Syracuse, 64-62 (OT)
- Jan. 26 at West Virginia, 58-57
- Feb. 11 vs. Villanova, 55-53

"You prefer not to be in those situations," said Wallace, who scored 15 points in Georgetown's 55-53 victory Monday night at home.

Whether you think the referees should have issued the 48th foul or let the game go to overtime, Georgetown (20-3 overall, 10-2 Big East) has proven a knack to eke out victories even without playing their best offensively. The Hoyas have beaten four Big East foes by three points or less to stay atop the standings.

"That's what they do," said Villanova coach Jay Wright, who said he didn't see the play when the climactic foul was called. "They find ways to win with their defense."



The refs saved the day on Monday night when Jonathan Wallace, right, was fouled.

The big question for Georgetown is whether all the close calls will better prepare the team for next month's Big East tournament and the NCAA tournament.

"I hope so," coach John Thompson III said, "because that's how we've been doing it."

The coach added: "We are comfortable in tight situations."

Indeed, Thompson knew to place defensive specialist Jeremiah Rivers

on Villanova's Scottie Reynolds with the game on the line. Reynolds, the game's high scorer with 24 points, was forced to pass — setting up the controversial finish.

"I think everybody knew who was going to get the ball," Rivers said. "I felt like I really would have to foul him for the refs to call it."

At least how Georgetown's luck has been this season.

MATT SWENSON (EXPRESS)

Busch, Stewart Get 6-Race Probation

DAYTONA 500 | NASCAR placed drivers Kurt Busch and Tony Stewart on probation for six races Tuesday, beginning with the Daytona 500.

The punishment stems from a confrontation between the two former series champions, who wrecked in practice last week and then carried it into the NASCAR officials' trailer.

While nobody involved in the

incident would confirm that Stewart actually punched Busch during a meeting with officials, as is widely believed, NASCAR vice president of competition Robin Pemberton inferred that Busch's penalty was for what happened on the track and Stewart's was for what happened afterward.

"The accident was a racing incident," Pemberton said. "How they

conducted themselves after that, after the accident and coming onto pit road and from there through the rest of the evening is why the penalties were equal."

NASCAR officials came into this season saying drivers would be given more latitude to show emotion this year, and the relatively light nature of Tuesday's punishments would seem to support that. (AP)

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These reports help the County track the success of your recycling program and plan for future recycling and waste reduction efforts. Failure to file your Annual Recycling Report can result in costly fines for your business or property.

Filing on-line is an easy and fast way to meet your deadlines. For instructions go to:
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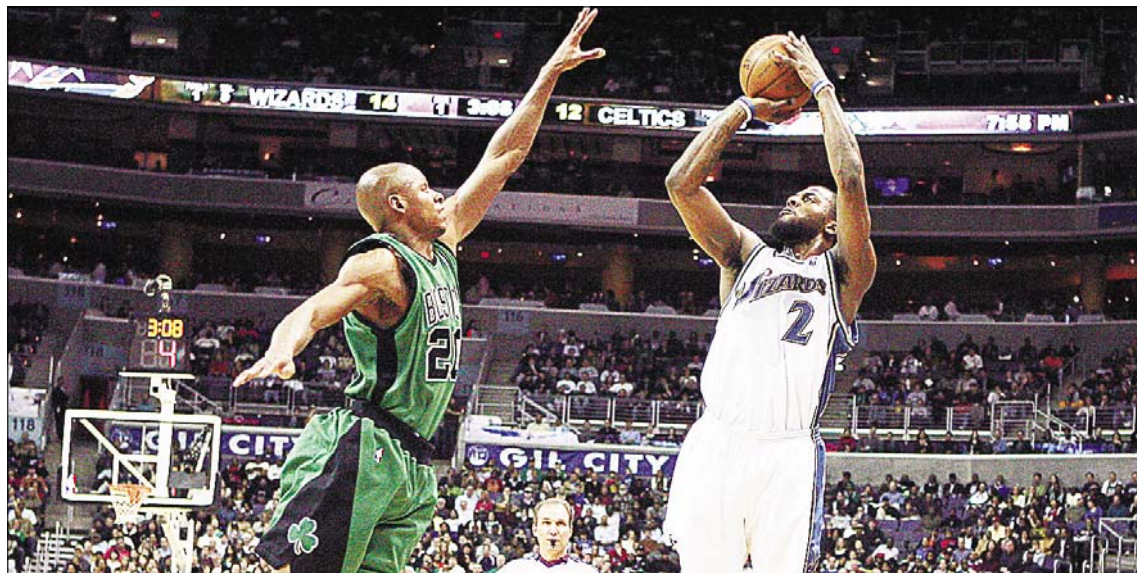
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The age of Giants punter Jeff Feagles, who signed a two-year contract Tuesday. The defending Super Bowl champions also signed kicker Lawrence Tynes to a five-year, \$7 million deal.

Sports



DeShawn Stevenson has racked up 237 3-pointers this season, and he's made 87 of them, which is a team- and a career-high.

New Approach for 'Mr. 50'

Stevenson's not making as many shots because he's taking more 3's

WIZARDS NOTEBOOK | Mr. 50 has become Mr. Three.

DeShawn Stevenson — who pretended to ostracize teammates who, unlike him, were shooting less than 50 percent from the floor last year — has traded in that moniker for the opportunity to take more shots from behind the arc. If you listen to him, it's a change he had to make.

"Coach wanted more 3-pointers, and for me to get on the court, that's what I have to do," Stevenson said. "When you've got Gilbert [Arenas] and [Antonio Daniels] penetrating, they kick it to me — I can't go penetrate again."

Through Monday's loss to Golden State, Stevenson had hoisted a career-high 237 threes, making a team- and career-high 87 of them.

His field goal percentage is down

to 38 percent this season, but Stevenson is one of the few scoring options the Wizards (24-27) have available with both Arenas and Caron Butler injured.

"Gilbert being out, I get more shots and get more looks," he said.

A steady hand

One of the subplots of Gilbert Arenas' expected return from knee surgery next month is the expected return of energetic guard Antonio Daniels to the bench.

Daniels — the Wizards' sixth man the past two seasons — has played well in a starting role, averaging 8.7 points and five assists this season. The sure-handed guard has even kept an impressive assist-to-turnover ratio while getting more minutes, averaging 3.2 assists for



Daniels

each giveaway.

Though the veteran guard missed the last two games with a sore ankle, he told The Washington Post that he hoped to get back on the floor for Wednesday's game against the Los Angeles Clippers.

Shaq-ing up in Phoenix

The trade of Shaquille O'Neal to Phoenix was a double blessing for the Washington Wizards. Not only do they not have to deal with Shaq's presence in the Southeast Division, but they also didn't have to face the injured center when they played in Phoenix on Sunday night. Unfortunately for the Wizards, they still dropped the game 108-107.

"Heck, they were doing pretty good down there [in Miami] — 8-39 — I wouldn't mind him staying down there," Wizards head coach Eddie Jordan joked before the Wizards' current road trip.

ERIC BRANDNER

Twins Sign Livan to 1-Year Contract

BASEBALL | Right-hander Livan Hernandez and the Minnesota Twins agreed Tuesday to a one-year, \$5 million contract that could earn him an additional \$2 million in performance bonuses.

The Twins are short on experience in their rotation, after trading Johan Santana and losing Carlos

Silva as a free agent this winter, Hernandez will join a handful of young starting pitching candidates, including Francisco Liriano, Scott Baker, Boof Bonser, Kevin Slowey, Nick Blackburn and Phil Humber, when batterymen have their first official spring training workout Monday at Fort Myers, Fla.

Last season, Hernandez made \$7 million while going 11-11 with a 4.93 ERA in 33 starts for Arizona. He pitched for the Diamondbacks in the NL championship series.

Hernandez, a native of Cuba, has been durable over 10-plus years in the majors, logging at least 199 innings each season since 1998. As a rookie in 1997, he won the World Series with the Marlins. (AP)

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Photo by J. Smith for GPTMC

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Travel

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Where the Wild Things Are

Ubiquitous wildlife is sometimes hard to get a glimpse of in Alaska

DESTINATIONS | It was near the end of a six-hour bus tour of Denali National Park that we got a good, long look at a bear eating his way through a field of berries.

Elsewhere in Alaska, my husband, two sons and I had watched whales spouting near Juneau, eagles along the Chilkat River, and waterways in Ketchikan and Skagway so full of salmon they could barely move.

But we'd headed to Denali knowing that the park's 9,400 square miles are home to just 350 brown bears. We hoped to see them, but we were prepared for the possibility that we might not.

And therein lies an important point to keep in mind if you're planning a trip to Alaska this summer. There are no guarantees you'll see



A sow brown bear walks with her cubs in Denali National Park and Preserve. But don't expect to see bears every time in the park.

wildlife, but you can improve your chances if you're patient and if you put yourself in the right place at the right time.

"People go to Alaska to see wildlife for a reason, but you see it in many ways and in many circumstances," said Holland America Line spokesman Erik Elvejord.

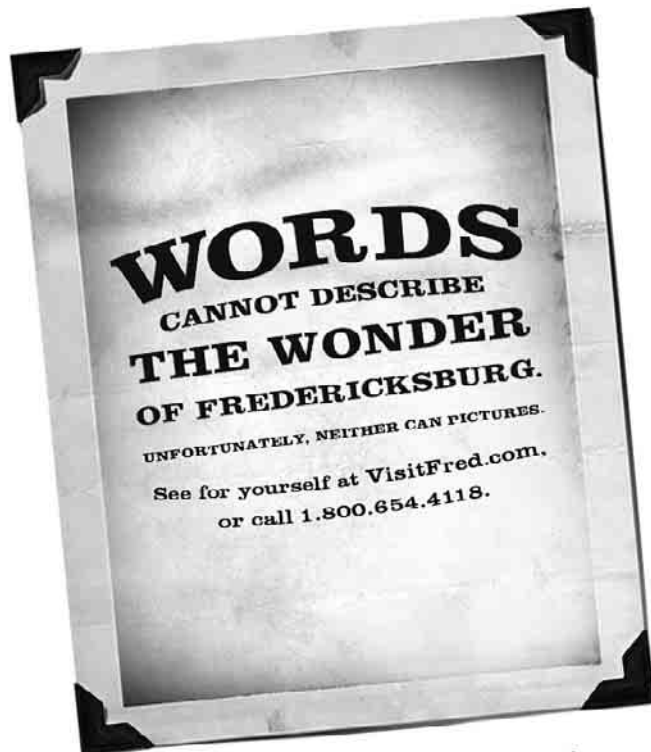
"Don't expect a lineup of bears when you hit the pier, or pods of whales everywhere the ship goes."

On the bus tour we took, we saw moose, caribou and Dall sheep in addition to the bear.

We also spotted a magnificent owl perched in a treetop by the side of the road. Just then, the bird shot

out of the tree, swooping straight for us. It swerved at the last moment as we hastily closed the window.

For a family from New York, where the only birds we see are pigeons, it doesn't get any more exciting than having an owl remind you that you are indeed where the wild things are. **BETH J. HARPAZ (AP)**



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"I know that things are out of kilter a little bit. Hang in there. The skies will clear and things will get better."

—Jim Lentz, president of Toyota U.S.A., speaking on the expected declines in the U.S. auto industry.

Cars

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2008 Nissan Cube brings efficient style from Japan to U.S.

SQUARE RIDE | Behold the cube, that most forthright and earnest of the Platonic solids, the noble hexahedron, the proverbial box that it came in, whatever "it" happens to be. The cube is one of nature's transcendental shapes: Salt crystals are cubic. From ice to dice, from Picasso to Braque, cubism is very cool.

A cube has another property that geometers know well: It contains the largest volume of any cuboid shape for a given surface area. Which is to say it's the most space-efficient of all boxes.

And that's where the Nissan Cube comes in. Consider that this



The Nissan Cube has much to offer, but you'll have to wait a bit—it's not expected to hit the U.S. until early 2009. The Cube is a great little bare-bones fun-mobile.

truck-nugget has more cargo space than a Mercedes-Benz S-class. This is the 5-pound bucket for whatever 10 pounds you happen to have.

The Cube is to cars what Michael Cera ("Juno") is to actors: an irresistibly cute dork.

My time in the Cube reminds me that so much of the American car market—from price to performance to fuel economy—is over-amplified silliness, a wretched gas-wasting orgy sold to us in various shades of envy. In other words, 90 hp is plenty.

A small electric motor situated in the back can be engaged to drive the rear wheels, helping to pull the car out of snow or a slick rut.

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is any indication of what the rolling world will be like a decade from now, take heart. Cars will be smaller but still plenty big, slower but still plenty fast.

The wisdom of the Cube is the wisdom of all cubes: Efficiency is a beautiful thing.

DAN NEIL (LOS ANGELES TIMES)

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ONCE A SHOWGIRL, ALWAYS A PROSTITUTE: Gina Gershon is returning to her "Showgirls" stomping grounds in "Love Ranch," Taylor Hackford's drama of passion and betrayal at a Nevada brothel. Gershon will play a veteran employee at the ranch.

Entertainment

Beast Strikes Again

Be semi-thrilled by a new edition of M.J.'s hugely popular album

MUSIC | Although Michael Jackson's career as a hit-maker flat-lined years ago, "Thriller," his crowning achievement and pop's biggest-selling album, lives again.

An expanded 25th anniversary edition hit stores yesterday. It includes a CD of the original nine-song album, pristinely remastered, with six new remixed songs by current pop stars will.i.am, Akon, Fergie and Kanye West. The album's groundbreaking music videos and Jackson's career-defining 1983 performance on the television special "Motown 25: Yesterday, Today and Forever" are on DVD.

The discs are housed in an attractive casebook with 48 glossy pages of "Thriller" song lyrics and photos of Jackson before his skin turned alabaster and his face morphed into an expressionless mask. There are also several ghoulish shots from the awesome "Thriller" video.

But ultimately, the 25th anniversary edition offers nothing fans haven't been able to obtain for years. And the new remixed tracks are hardly worth getting excited about, as the modern pop stars, especially



YOU TRY TO SCREAM: Because you're so excited by the idea of this album! But then you realize the new songs ain't all that.

will.i.am, muddle songs that have managed to stay fresh-sounding after all these years.

Although the music is still vibrant, it's hard to detach the '80s from "Thriller."

A skinny guy with a Jheri curl and a fresh nose job single-handedly brought black music back to the mainstream, polishing and fusing elements of styles that were in limbo during the late 1970s and early '80s. Glints of disco, R&B, new wave,

punk and rock suffused "Thriller," which CBS Records (now Sony-BMG) brilliantly mass-marketed. Jackson, who had been refined by the Motown machine during his years as a child star, became the era's most important artist.

"Thriller's" iconic status has been well documented over the years. It remains pop's biggest-selling album, with more than 100 million copies sold worldwide. Everything about "Thriller" — Quincy Jones' surreal,

stylish production; the videos with the Broadway-style choreography; the red leather jacket, glittery glove and socks Jackson sported — forever changed the sound and look of pop.

No other album released in the last 25 years has managed to be so musically transcendent, which makes the seemingly rushed execution of the expanded edition a bit disappointing. **RASHOD D. OLLISON** (THE BALTIMORE SUN)

Today's Top Stops

FOR MORE TOP STOPS AND ENTERTAINMENT FEATURES, VISIT READEXPRESS.COM



THE CLINKS

Gender Bender

1 Toronto natives the Clinks are front(trans)man Lucas Silveira, Jen Benton, Morgan Doctor and Nina Martinez. The chicks and former chick appear in all their punky guitar-rock glory at DC9 tonight to promote their 2007 release, "Snakehouse." Michelle Burleson and Mara Levi are also on the bill.

→ **DC9, 1940 Ninth St. NW; 8 p.m., \$10; 202-483-5000. (U St.-Cardozo)**

SOIREE CARTE BLANCHE

Battle of the Pods

2 This ever-enjoyable happy hour at the Alliance Francaise is in top form tonight, with a "Color of Love" dress theme (Be bold! Wear orange!), and the signature iPod battle. Bring your MP3 player, and if the crowd likes your tunes best, you might win \$400 in French lessons. C'est magnifique!

→ **Alliance Francaise de Washington, 2142 Wyoming Ave. NW; 6 p.m., \$8; 202-234-7911. (Dupont Circle)**

ANTI-VALENTINE'S DAY SLAM

Let's Talk About Love

3 Post-breakup? Think V-Day is for the lovesick birds? Scoot down to the Black Cat for Mothertongue's Anti-Valentine's Day Slam, at which an all-female lineup talks love and competes for a \$200 prize.

→ **Black Cat, 1811 14th St. NW; 9 p.m., \$10; 202-667-7960. (U St.-Cardozo)**

WHAT'S HAPPENING?

Please send press releases and photos to expressevents@readexpress.com



Casey Affleck stars in his big brother Ben's debut directorial effort.

Ben's 'Baby' on DVD

Affleck tries directing, shows his talents lie behind the camera

DVD | Ben Affleck, acclaimed director — those are words that a few years ago I never expected to use, consecutively, in a sentence. But after his assured debut with "Gone Baby Gone" (\$29.99), this week on DVD, Affleck has officially made the transition from "Gigli" punchline to promising filmmaker.

Based on a Dennis Lehane novel, this twisting, turning tale about a missing girl takes place in Boston, an area that Cambridge, Mass., native Affleck knows well. His familiarity with the terrain is one of the film's greatest strengths. Another strength: Its multiple solid performances, from Affleck's brother Casey Affleck, Ed Harris, Morgan Freeman and, most notably, Amy Ryan, who has earned a well-deserved Academy Award nomination for her role as a self-

destructive mother.

A commentary track from Ben Affleck and screenwriter Aaron Stockard is mostly a snooze, and the pair of featurettes offer few notable tidbits on the making of the film. The six deleted scenes are the most intriguing extras here and the only ones that really merit watching. In the end, it's the movie that makes this DVD worth a look, and worth keeping an eye on Ben Affleck's career. **JEN CHANEY** (WASHINGTONPOST.COM)

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Entertainment

ABC's Seasonal Offerings

The network lets us know what made the cut for 2008-09

CHOSEN ONES | ABC began looking forward to a scripted post-strike era Monday when the network announced early pickups for the 2008-09 season.

Its established hit shows — "Grey's Anatomy," "Lost," "Desperate Housewives," "Ugly Betty" and "Brothers & Sisters" — were all renewed, as expected.

Also on the list were the first-year series "Samantha Who?,"



LIFE AFTER SEASON ONE: The "Pushing Daisies" cast is on the list of keepers.

"Dirty Sexy Money," "Pushing Daisies" and the "Grey's" spinoff, "Private Practice."

The announcement leaves the fates of "Men in Trees," "Boston Legal" and "October Road" up in the air, as well as the futures of first-year shows "Eli Stone," "Women's Murder Club," "Carpoolers" and

"Cashmere Mafia."

ABC's "Notes From the Underbelly," "Big Shots" and "Cavemen" are presumed dead.

ABC also announced that it would begin casting for a sixth season of the weight-loss reality series "The Biggest Loser."

KATE AURTHUR (LOS ANGELES TIMES)

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WELCOME HOME ROSCOE JENKINS (PG13) 1:00, 2:30, 4:00, 5:30, 7:00, 7:45, 8:30, 10:00
THE EYE (PG13) 1:55, 2:45, 4:20, 5:10, 6:50, 9:35
OVER HER DEAD BODY (PG13) 1:40, 6:35
STRANGE WILDERNESS (R) 2:40, 4:55, 7:20, 9:40
MEET THE SPARTANS (PG13) 1:20, 3:35, 5:55, 8:20
MICHAEL CLAYTON (R) 5:05
RAMBO (R) 2:25, 4:50, 7:10, 9:30
UNTRACEABLE (R) 1:50, 4:30, 7:35, 10:05
27 DRESSES (PG13) 1:25, 4:10, 6:55, 9:50
CLOVERFIELD (PG13) 2:35, 4:45, 7:05, 9:15
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THE BUCKET LIST (PG13) 2:15, 7:50
FIRST SUNDAY (PG13) 3:10, 5:45, 8:25
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NO COUNTRY FOR OLD MEN (R) 1:40, 10:10
THERE WILL BE BLOOD (R) 2:10, 6:05, 9:25
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CLOVERFIELD (PG13) 2:30, 4:40, 6:50, 9:00
CHARLIE WILSON'S WAR (R) 2:20, 4:55, 7:25, 10:10

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THERE WILL BE BLOOD (R) 2:00, 5:10, 8:10
ATONEMENT (R) 1:30, 4:10, 7:00
THE DIVING BELL AND THE BUTTERFLY (PG13) 2:30, 4:50, 7:20
JUNO (PG13) 2:10, 4:30, 7:10
PERSEPOLIS (PG13) 2:20, 5:00, 7:30
THE SAVAGES (R) 1:40, 4:20, 7:50

LOEWS WHITE FLINT 5

North Bethesda
1-800-FANDANGO #741

FOOL'S GOLD (PG13) 2:00, 4:15, 7:10
27 DRESSES (PG13) 1:50, 4:25, 7:15
THE BUCKET LIST (PG13) 1:35, 7:20
CHARLIE WILSON'S WAR (R) 4:25

AMC SELECT

ATONEMENT (R) 1:50, 4:30, 7:10
JUNO (PG13) 2:15, 4:20, 7:05

LOEWS UPTOWN 1

3426 Connecticut Avenue N.W.
1-800-FANDANGO #713

CLOVERFIELD (PG13) 2:45, 5:30, 8:00

AMC COLUMBIA MALL 14

10300 Patuxent Parkway
703-998-4AMC

DIGITAL 3D

HANNAH MONTANA & MILEY CYRUS: BEST OF BOTH WORLDS CONCERT DISNEY DIGITAL 3D \$15 (G) 12:45, 3:00, 5:15, 7:30, 9:45

FOOL'S GOLD (PG13) 2:20, 5:10, 8:00, 10:35
WELCOME HOME ROSCOE JENKINS (PG13) 12:10, 1:20, 2:50, 4:10, 5:40, 7:00, 8:30, 9:50
THE EYE (PG13) 1:10, 3:40, 6:10, 8:40
OVER HER DEAD BODY (PG13) 12:20, 2:40, 5:05, 7:40, 10:05
STRANGE WILDERNESS (R) 12:30, 2:35, 5:00, 7:20, 9:35
MEET THE SPARTANS (PG13) 2:00, 4:15, 6:30, 8:50
MEET THE SPARTANS (PG13) 2:00, 4:15, 6:30, 8:50
RAMBO (R) 1:40, 4:05, 6:40, 9:00
UNTRACEABLE (R) 12:15, 2:45, 5:20, 7:50, 10:20
27 DRESSES (PG13) 1:45, 4:25, 7:10, 10:00
CLOVERFIELD (PG13) 1:30, 3:45, 6:05, 8:20, 10:25
THE BUCKET LIST (PG13) 1:50, 4:20, 6:50, 9:20

AMC SELECT

JUNO (PG13) 12:40, 3:05, 5:35, 8:10, 10:30

AMC SPRINGFIELD MALL 10

Loisdale and Franconia Road
703-971-3991

FOOL'S GOLD (PG13) / 1:45, 4:30, 7:15, 9:45
WELCOME HOME ROSCOE JENKINS (PG13) / 12:00, 2:30, 5:00, 7:30
THE EYE (PG13) 1:30, 4:15, 7:00
OVER HER DEAD BODY (PG13) 4:45, 7:20
STRANGE WILDERNESS (R) 7:00
MEET THE SPARTANS (PG13) 5:15, 7:40
RAMBO (R) 12:30, 2:45, 5:15, 7:45
UNTRACEABLE (R) 1:50, 4:20, 7:50
CLOVERFIELD (PG13) 5:30, 7:30
NATIONAL TREASURE: BOOK OF SECRETS (PG) 4:15, 7:10
ALVIN AND THE CHIPMUNKS (PG) 4:30

LOEWS RIO CINEMAS 18

9811 Washington Boulevard
301-948-0906

DIGITAL 3D

HANNAH MONTANA & MILEY CYRUS: BEST OF BOTH WORLDS CONCERT DISNEY DIGITAL 3D \$15 (G) 12:55, 3:00, 5:15, 7:30, 9:45

FOOL'S GOLD (PG13) / 1:30, 2:50, 4:10, 5:30, 6:50, 8:10, 9:30
VINCE VAUGHN'S WILD WEST COMEDY SHOW (R) / 1:40, 4:20, 7:00, 9:40
WELCOME HOME ROSCOE JENKINS (PG13) / 1:50, 3:10, 4:30, 5:50, 7:10, 8:30, 9:50
WELCOME HOME ROSCOE JENKINS (PG13) 1:50, 3:10, 4:30, 5:50, 7:10, 8:30, 9:50
THE EYE (PG13) 1:05, 3:25, 5:50, 8:15, 10:35
OVER HER DEAD BODY (PG13) 1:45, 4:15, 6:45, 9:25
STRANGE WILDERNESS (R) 1:10, 5:50, 10:25
MEET THE SPARTANS (PG13) 1:25, 3:35, 5:55, 8:05, 10:10
MICHAEL CLAYTON (R) 4:05, 7:05, 9:50
RAMBO (R) 3:30, 8:00
UNTRACEABLE (R) 2:00, 4:20, 7:00, 9:35
27 DRESSES (PG13) 1:55, 4:35, 7:20, 9:55
CLOVERFIELD (PG13) 4:25, 7:10, 9:20
THE BUCKET LIST (PG13) 1:40
NATIONAL TREASURE: BOOK OF SECRETS (PG) 1:30, 4:40, 7:35

AMC SELECT

NO COUNTRY FOR OLD MEN (R) 10:30 PM
THERE WILL BE BLOOD (R) 2:00, 5:30, 9:00
ATONEMENT (R) 1:35
JUNO (PG13) 2:10, 4:55, 7:15, 9:40
THE SAVAGES (R) 2:30, 5:10, 7:55, 10:25

MAGIC JOHNSON CAPITAL CENTRE 12

800 Shopper's Way, Largo
301-324-4220

FOOL'S GOLD (PG13) 12:45, 3:45, 6:45, 9:45
WELCOME HOME ROSCOE JENKINS (PG13) 12:05, 1:00, 2:00, 3:05, 4:05, 5:05, 6:05, 7:00, 8:00, 8:55, 9:50
THE EYE (PG13) 12:10, 2:40, 5:10, 7:40, 10:10
HOW SHE MOVE (PG13) 12:15, 2:35, 4:55, 7:20, 9:55
MEET THE SPARTANS (PG13) 1:05, 3:10, 5:40, 8:10, 10:15
MEET THE SPARTANS (PG13) 1:05, 3:10, 5:40, 8:10, 10:15
UNTRACEABLE (R) 12:10, 2:30, 5:00, 7:30, 10:00
CLOVERFIELD (PG13) 8:05, 10:10
MAD MONEY (PG13) 2:15, 4:45, 7:15, 9:40
FIRST SUNDAY (PG13) 12:20, 2:45, 5:15, 7:45, 10:05
THE GREAT DEBATERS (PG13) 12:30, 3:30, 6:30, 9:30
ALVIN AND THE CHIPMUNKS (PG) 12:35, 3:00, 5:30

AMC POTOMAC MILLS 18

2700 Potomac Mills Circle, Ste 886
703-998-4262

DIGITAL 3D

HANNAH MONTANA & MILEY CYRUS: BEST OF BOTH WORLDS CONCERT DISNEY DIGITAL 3D \$15 (G) 4:00, 6:15, 8:30

FOOL'S GOLD (PG13) / 4:20, 5:20, 7:10, 8:10, 10:00
THE HOT TIE & THE NOTTIE (PG13) / 5:40, 6:15, 10:30
VINCE VAUGHN'S WILD WEST COMEDY SHOW (R) / 5:35, 8:00, 10:25
WELCOME HOME ROSCOE JENKINS (PG13) / 4:10, 5:10, 6:00, 7:00, 8:05, 9:00, 9:50
WELCOME HOME ROSCOE JENKINS (PG13) 4:10, 5:10, 6:00, 9:00
THE EYE (PG13) 4:30, 7:05, 9:35
OVER HER DEAD BODY (PG13) 4:25, 6:55, 9:20
STRANGE WILDERNESS (R) 5:00, 10:15
MEET THE SPARTANS (PG13) 4:55, 7:25, 9:55
RAMBO (R) 5:40, 7:55, 10:25
UNTRACEABLE (R) 4:45, 7:35, 10:10
27 DRESSES (PG13) 5:05, 7:45, 10:20
CLOVERFIELD (PG13) 5:30, 7:40, 10:05
THE BUCKET LIST (PG13) 7:10, 9:20
FIRST SUNDAY (PG13) 4:50, 9:40
NATIONAL TREASURE: BOOK OF SECRETS (PG) 7:20

AMC SELECT

JUNO (PG13) 4:15, 6:45, 9:25

AMC COURTHOUSE PLAZA 8

Courthouse and Birch Rd.
703-998-4AMC

VINCE VAUGHN'S WILD WEST COMEDY SHOW (R) / 2:15, 4:30, 6:50
THE EYE (PG13) 2:20, 4:40, 7:00
STRANGE WILDERNESS (R) 3:30
MEET THE SPARTANS (PG13) 2:50, 5:10, 7:10
UNTRACEABLE (R) 2:30, 4:50, 7:20
THE BUCKET LIST (PG13) 3:10, 5:35, 7:50
CHARLIE WILSON'S WAR (R) 2:40, 5:20, 7:40
NATIONAL TREASURE: BOOK OF SECRETS (PG) 2:35, 7:30

AMC SELECT

THE KITE RUNNER (PG13) 2:00, 5:05, 8:00

AMC TYSONS CORNER 16

7850 Tysons Corner Center
703-998-4262

DIGITAL 3D

HANNAH MONTANA & MILEY CYRUS: BEST OF BOTH WORLDS CONCERT DISNEY DIGITAL 3D \$15 (G) 12:45, 3:00, 5:15, 7:30, 9:45

FOOL'S GOLD (PG13) / 1:55, 4:45, 7:50, 10:40
WELCOME HOME ROSCOE JENKINS (PG13) / 1:05, 2:40, 4:00, 5:30, 7:00, 8:35, 9:50
THE EYE (PG13) 12:50, 3:15, 5:45, 8:10, 10:30
OVER HER DEAD BODY (PG13) 2:00, 4:30, 7:20, 9:40
STRANGE WILDERNESS (R) 5:20, 7:40, 10:00
MEET THE SPARTANS (PG13) 1:10, 3:40, 5:50, 8:00, 10:10
MEET THE SPARTANS (PG13) 1:10, 3:40, 5:50, 8:00, 10:10
MICHAEL CLAYTON (R) 4:20, 10:20
RAMBO (R) 1:00, 3:20, 5:40, 8:00, 10:25
UNTRACEABLE (R) 1:00, 3:30, 5:55, 8:20, 10:45
27 DRESSES (PG13) 1:30, 4:15, 7:10, 9:55
CLOVERFIELD (PG13) 12:45, 3:10, 5:20, 7:35, 9:45
THE BUCKET LIST (PG13) 4:50, 10:10
NATIONAL TREASURE: BOOK OF SECRETS (PG) 1:50, 7:15
ALVIN AND THE CHIPMUNKS (PG) 12:50, 3:05

AMC SELECT

THERE WILL BE BLOOD (R) 1:35, 5:05, 8:30
ATONEMENT (R) 1:25, 7:25
JUNO (PG13) 12:55, 3:25, 5:55, 8:20, 10:45

AMC MAZZA GALLERIE

Jenifer and Wisconsin
202-537-9553

FOOL'S GOLD (PG13) / 1:40, 4:20, 7:00
WELCOME HOME ROSCOE JENKINS (PG13) / 2:00, 4:40, 7:20
MEET THE SPARTANS (PG13) 2:30, 5:20, 8:00
MICHAEL CLAYTON (R) 2:20, 5:00, 7:40
RAMBO (R) 7:30
27 DRESSES (PG13) 1:50, 4:30, 7:10
CHARLIE WILSON'S WAR (R) 2:10, 4:50

AMC SELECT

THE DIVING BELL AND THE BUTTERFLY (PG13) 2:15, 5:10, 7:50

✓-SPECIAL ENGAGEMENT No passes or discount coupons [CC] - Closed Captioning [D] - Descriptive Video Service

Times for Wednesday, February 13, 2008

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| Individualized Study

purpose

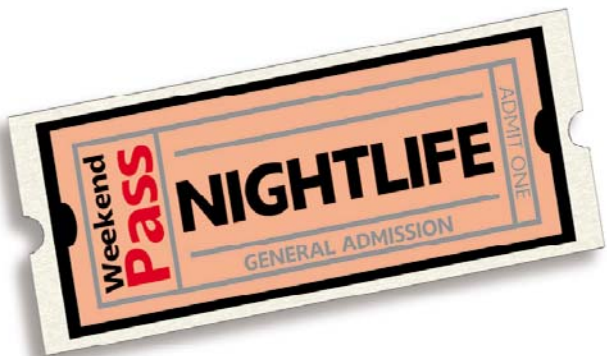
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INFORMATION SESSION TONIGHT

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Television



MOBILE MUSEUM: The Smithsonian's joint television venture with Showtime Networks Inc. has led to distribution deals, boosting the Smithsonian Channel's availability to 22 million homes. The channel had previously been available only on DirecTV's HD tier.

Express Yourself

Designers are told to be 'artistic' (duh) on 'Project Runway'

GARMENTS | Tradition and elegance went out the window on last week's "Project Runway" (10 p.m., Bravo) competition, when the remaining talents were asked to design outfits for female WWE wrestlers.

Some, most notably Chris and Christian, rose to the occasion and seemed to have fun in the process. The lachrymose Ricky got the boot for an uninspired outfit, while Sweet P barely survived after creating a silver spandex nightmare.



WORKING IT: Costume designer Chris March pushes forward on Bravo.

In a group of creative extroverts, Sweet P remains the most curious enigma. She sports some kind of biker past and has the tattoos to prove it, but she wears outfits that seem inspired by “Little House on the Prairie.” Go figure.

Tonight's show marks the final competition before the big fashion week face-off. According to the Bravo listings, designers will be encouraged to "use their artistic expression." How's that for vague? Or is that Vogue?

I see Jillian and Christian in the final three, with the third spot being anybody's guess. I used to think Rami was the best of the group, but he seems reluctant to get outside his comfort zone. Make it work, people! KEVIN MCDONOUGH
(UNITED FEATURE SYNDICATE)

ON TV TONIGHT

ROCK THE VOTE

Twenty-four semifinalists emerge on **AMERICAN IDOL** (8 p.m., Fox).

FEELING HORMONAL?

Forget Cupid and arrows. **EXPLORER: TESTOSTERONE FACTOR** (8 p.m., National Geographic) gets right down to the chemical that separates the men from the boys.

PUBLIC OPINION

The hosts of **MYTHBUSTERS** (9 p.m., Discovery) take suggestions from the show's Web site.

POSITIVE CHANGE

A homeowner goes green on **DESERVING DESIGN** (9 p.m., HGTV).

CHILDHOOD SCARS

Sophie vents about her parents' breakup on **IN TREATMENT** (9:30 p.m., HBO).



JUDGEMENT DAYS: The competition slims down tonight on "American Idol."

HOME-WRECKED

Juliet faces a bitter divorce on **CASHMERE**
MAFIA (10 p.m., ABC).

PROTEST GONE BAD

A rally spins out of control on **LAW & ORDER** (10 p.m., NBC). KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

2.13.08	6:00 PM	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
LOCAL CHANNELS	WRC	News (N)		NBC Nightly News	Access Hollywood	Deal or No Deal (iTV) (N)	Law & Order: Criminal Intent	Law & Order "Illegal" (iTV) (N)	Law & Order "Illegal" (iTV) (N)	News (N)	Tonight Show		
	WTTG	News (N)	TMZ (N)	The Simpsons	Seinfeld	American Idol (N)	The Moment of Truth (N)	News (N)	News (N)	News (N)	TMZ		
	WJLA	News (N)	ABC Wld News	Wheel of Fortune	Jeopardy! (N)	Wife Swap "Beckman-Heskett/Childs"	Supernanny "Daniels Family" (N)	Cashmere Mafia (N)	Cashmere Mafia (N)	News (N)	(35) Nightline (N)		
	WUSA	News (N)	Evening News	News	Entertainment	Big Brother: 'Til Death Do You Part	Criminal Minds "True Night"	CSI: NY "You Only Die Once"	CSI: NY "You Only Die Once"	News (N)	Late Show		
	WDCA	Judge Judy (N)	Judge Joe Brown	King of Queens	King of Queens	Cupid's Funniest Moments (N)	Masters of Illusion: Impossible Magic	Every-Raymond	King of the Hill	Law & Order: Criminal Intent			
	WMPT	The NewsHour With Jim Lehrer (N)		Business Rpt.	Artworks-Week	America's Ballroom Challenge (N)	African American Lives 2 (N) (DVS)			Prince Among Slaves (N)			
	WETA	BBC World News	Business Rpt.	The NewsHour With Jim Lehrer (N)		America's Ballroom Challenge (N)	African American Lives 2 (N) (DVS)			Charlie Rose (N)			
	WHUT	Business Schl	Tavis Smiley	BBC World News	Moneywise	Come Walk in My Shoes	Third Ward: TX	BBC World News	Tavis Smiley	Charlie Rose (N)			
WDCW	My Wife and Kids	Family Guy	Two/Half Men	Two/Half Men	America's Next Top Model (N)	One Tree Hill "In da Club"	Friends	Friends	Family Guy	Sex and the City			
BASIC CABLE	A&E	Cold Case Files		CSI: Miami "Forced Entry"		CSI: Miami "Identity"		CSI: Miami "Nothing to Lose"		CSI: Miami "Nothing to Lose"		CSI: Miami "Money Plane"	
	Animal	The Crocodile Hunter "Croc Live"		Living With Tigers		Dog Show		The Blue Planet "Frozen Seas"		Animal Cops Detroit "House of Cats"		Dog Show	
	BET	106 & Park: BET's Top 10 Live Top 10 countdown. (N)		★★ "First Time Felon" (1997, Drama) Omar Epps, Delroy Lindo,		Rachel Ticotin.		American Gangster "Frank Lucas"		Movie Special		Hell Date	
	Bravo	Project Runway "What a Girl Wants"		Project Runway "On Gardel!"		Project Runway		Project Runway "The Art of Fashion"		Project Runway "The Art of Fashion"			
	Comedy	"Shriek If You Know What I Did"		Scrubs	Scrubs	Daily Show	Colbert Report	Futurama	South Park	South Park	Reno 911!	Daily Show	Colbert Report
	Court	World's Wildest Police Videos		Cops	Cops	Most Shocking (N)		Most Daring		Forensic Files	Forensic Files	Forensic Files	Forensic Files
	Discovery	Cash Cab	Cash Cab	How It's Made	How It's Made	Futurecar Extreme cars.		MythBusters "Viewers Special 2" (N)		Smash Lab "High Rise Escape" (N)		MythBusters Cell phone interference.	
	DISCH	Code Blue "Rite of Passage"		Trauma: Life in the ER "Tough Town"		You: On a Diet		You: Staying Young Controlling aging.		The Dr. Oz Files: Beauty Inside Out		You: On a Diet	
	Disney	Wizards-Place	Wizards-Place	Hannah Montana	Zack & Cody	(15) ★★★ "Mulan" (1998) Voices of Ming-Na Wen, Lea Salonga.		That's So Raven	Life With Derek	Zack & Cody	Hannah Montana		
	E!	The Soup	Chelsea Lately	E! News (N)	The Daily 10 (N)	Jenna Jameson: The E! True Hollywood Story		Snoop Father	Snoop Father	E! News	Chelsea Lately		
	FX	★★★ "X-Men" (2000, Action) Hugh Jackman, Patrick Stewart, Ian McKellen.		★★ "Fantastic Four" (2005, Action) Ioan Gruffudd, Jessica Alba.		★★ "Fantastic Four" (2005, Action) Ioan Gruffudd, Jessica Alba.		★★ "Fantastic Four" (2005, Action) Ioan Gruffudd, Jessica Alba.		Gruffudd, Jessica Alba.			
	HGTV	Rezoned	If Walls Could	House Worth?	House Hunters	Designed to Sell	Get It Sold	Deserving Design	Design on a Dime	House Hunters (N)	Sleep on It (N)	Desperate Spaces	What's-House?
	Family	★★★ "Remember the Titans" (2000, Drama) Denzel Washington, Will Patton.		★★★ "Remember the Titans" (2000, Drama) Denzel Washington, Will Patton.		The 700 Club							
	History	Ancient Discoveries		Modern Marvels: Cheese Cheese.		George Washington Carver		MonsterQuest "Giant Squid Found?"		UFO Hunters "Abductions" (N)		UFO: Cattle Mutilations	
	Lifetime	The Golden Girls	The Golden Girls	Still Standing	Still Standing	Reba	Reba	Reba	Reba	Reba	Will & Grace	Will & Grace	
	MTV	(5:30) True Life		True Life Outcasts.		Rob & Big		Making the Band 4		Real World -- Road Rules Challenge		Real World -- Road Rules Challenge	Making the Band 4
	NICK	Drake & Josh	Drake & Josh	Zoey 101	Ned's School	SpongeBob	Drake & Josh	Home Improve.	Home Improve.	George Lopez	George Lopez	Fresh Prince	Fresh Prince
	SCI FI	Stargate SG-1 "Past and Present"		Ghost Hunters		Ghost Hunters		Ghost Hunters International (N)		Ghost Hunters		Ghost Hunters International	
	SPIKE	CSI: Crime Scene Investigation		CSI: Crime Scene Investigation		CSI: Crime Scene Investigation		UFC Unleashed		Pros vs. Joes "Catch Rocket Ismail"		UFC Unleashed	
	TBS	Friends	Every-Raymond	Every-Raymond	Every-Raymond	Family Guy	Family Guy	House of Payne	House of Payne	House of Payne	House of Payne	Sex and the City	Sex and the City
TLC	Property Ladder Difficulties develop.		Man Whose Arms Exploded		Incredibly Small: Kenadie's Story		Dr. G: Medical Examiner "Derailed"		Big Medicine "Life or Death" (N)		Incredibly Small: Kenadie's Story		
TNT	Law & Order "Trade This"		Law & Order "Under God"		Law & Order "The Sixth Man"		★★★ "Seven" (1995, Suspense) Brad Pitt, Morgan Freeman.		Cold Case "Fly Away"		Cold Case "Fly Away"		
USA	Law & Order: Criminal Intent		Law & Order: Criminal Intent		Law & Order: Special Victims Unit		NCIS "One Shot, One Kill"		NCIS "The Good Samaritan"		Law & Order: Criminal Intent		
VHI	Rock of Love	Free Radio	Celebrity Rehab With Dr. Drew		★★ "Sixteen Candles" (1984) Molly Ringwald, Anthony Michael Hall.		The Flavor of Love		Salt N Pepa		Celebrity Rehab		
SPAN.	TELEM	Los Plateados	Noti-Telemndo	12 Corazones		La Traicion		Victoria		Pecados Ajenos		Noti-Telemndo	Titulares y Mas
	UNIV	Que Locura	Noticiero Univ	Yo Amo a Juan Querendón		Al Diablo con Los Guapos		Pasión		Don Francisco Presenta		Primer Impacto	Noticiero Univ.
SPORTS	ESPN	SportsCenter (Live)		College Basketball Maryland at Duke. (Live)				NBA Basketball Phoenix Suns at Golden State Warriors. From Oracle Arena in Oakland, Calif.				SportsCenter	
	ESPN2	NASCAR Now (Live)		College Basketball St. John's at Cincinnati. (Live)				College Basketball Kansas State at Texas Tech. (Live)				SportsCenter	Gamenight
	CSN	SportsNite	SportsNite	NHL Hockey Washington Capitals at Atlanta Thrashers. From Philips Arena in Atlanta. (S Live)				SportsNite		SportsNite		NBA Basketball: Wizards at Clippers	
NEWS	CNN	(4:00) The Situation Room		Lou Dobbs Tonight		CNN Election Center		Larry King Live		Anderson Cooper 360			
	FNC	Special Report		The Fox Report With Shepard Smith		The O'Reilly Factor		Hannity & Colmes		On the Record-Van Susteren		The O'Reilly Factor	
	MSNBC	Tucker		Hardball		Countdown With Keith Olbermann		Live With Dan Abrams		Conviction: Murder Amongst Friends		Conviction: The Orchard Execution	
MOVIES	AMC	(5:00) ★★★ "The Matrix" (1999, Science Fiction) Keanu Reeves. 'R'				Breaking Bad "Pilot"		Breaking Bad "Cat's in the Bag..."		Breaking Bad		Breaking Bad "Pilot"	
	TCM	★★★ "Houseboat" (1958, Romance-Comedy) Cary Grant. 'NR'				★★★★ "The Quiet Man" (1952, Drama) John Wayne. 'NR'		(15) ★★★ "Roman Holiday" (1953) Gregory Peck, Eddie Albert. 'NR'					
	HBO	REAL Sports With Bryant Gumbel		★★★ "Hot Shots! Part Deux" (1993) Charlie Sheen. 'CC'		Countdown		In Treatment		In Treatment (N)		The Wire	Templeton makes headlines.
	MAX	(4:20) Domino 'R'		★ "Universal Soldier: The Return" (1999) Jean-Claude Van Damme. 'R'		★★ "The Hills Have Eyes" (2006, Horror) Aaron Stanford. 'R'		★★ "Pathfinder" (2007) Karl Urban. 'R'				Kinky Sex Club	
	SHOW	(15) ★★★ "The Truman Show" (1998) Jim Carrey. iTV. 'PG'				The L Word "Lights! Camera! Action!"		★★★ "Clerks" (1994) Brian O'Halloran. iTV. 'R'		★★ "Clerks II" (2006) Rosario Dawson. iTV. 'R'			
	TMC	(5:00) Premium 'R'		(15) ★★ "Keeping Mum" (2006, Comedy) Rowan Atkinson. 'R'		★★★ "Fall From Grace" (2007) 'NR'		(15) ★★ "La Mujer de Mi Hermano" (2005, Drama) Bárbara Mori. 'R'				Dangerous Game	
	STARZ!	(05) ★ "The Grudge 2" (2006, Horror) Amber Tamblyn. 'PG-13'				(7:55) ★★ "Déjà Vu" (2006) Denzel Washington. 'PG-13'		(01) Head Case		Hollywd Res.		Head Case	Hollywd Res.
ENCORE	(15) ★★ "Universal Soldier" (1992) Jean-Claude Van Damme. 'R'				★★ "The Da Vinci Code" (2006, Mystery) Tom Hanks, Audrey Tautou. 'PG-13'		(35) ★★ "The Guardian" (2006) Kevin Costner. 'PG-13'						

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JOBS

Administrative Assistant

Washington, DC trade association seeks Assistant to handle correspondence, telephone calls, and on-site logistics of association conferences, workshops, and committee meetings. Must be organized and have the ability to produce accurate complete work. High school graduate with a minimum of 3 to 5 years secretarial experience; some college preferred. The position requires a high degree of skill in grammar, spelling and punctuation; accurate, neat typing. Excellent skills and experience with the entire MS Office Suite required. Good communication skills, both oral and written, are essential. Excellent proof-reading skills. Individual must be capable of performing substantial administrative functions and work with minimum supervision. Individual must be able to handle several projects simultaneously. Good organizational skills are a must. Travel may be required.

Business Coordinator

Upscale Rockville dental office, seeking FT Business Coordinator. Must be warm, personable and articulate. Willing to train the right person. Fax resume to 301-560-6307.

JOBS

ATTORNEY (FT)

For Hispanic non-profit organization in Alex., VA. Immigration law. Any bar. Fax resume to: 703-998-8997

BEAUTY

STYLIST & BRAIDERS

Needed immediately. Advancement opportunity. For information call 202-547-0086

Caregivers - FT/PT Exp. CNA's or Personal Care Aids for small assisted living/adult day care. Mont Co., PG areas. CPR medications training preferred. Non smoking. Call 301-262-3900 or fax resume 301-262-3970

Customer Service/Sales

For large company. Great pay plan, benefits, training, \$40k+ & \$2k signing bonus. Call 301-299-7612

Customer Service Rep

FT or PT. Company benes. Alex. area. Ph 703-998-6464

JOBS

Advertising Operations Manager

Responsibilities include:

- Managing production/creative/digital ad flow while overseeing the production team, and;
- Prioritizing workflow & enforcing standard operating procedures.

Successful candidates will have:

- Proven success in directing a diverse work force to meet client objectives;
- Strong focus on customer service;
- Strong quantitative and analytical skills;
- Understanding of sales and service teams and creative/production and digital processes;
- Ability to excel in a high pressure, deadline driven, evolving and fast-paced environment;
- Demonstrated ability to develop people and processes & manager performance;
- Knowledge of InDesign, Acrobat, PhotoShop and TrackIt!, strongly preferred.

Monday - Friday, 5:30 PM - 2:30 AM Flexibility in scheduling is required.

The Washington Post

TalentSearch@washpost.com
Attn: HR/Ad Production Manager

Beauty

Nail Tech—Georgetown Spa. 202-333-6344

DENTAL HYGIENIST

For general Dentist in City of Falls Church
1 day/week. Flexible hours.
Please call 703-533-1993

Driver

Independent school seeks PT/FT driver. CDL Class B. Morning and/or evening bus routes. Daily field trips throughout the DC metro area. Supervisory skills and fleet maintenance experience a plus. Capitol Hill Day School 210 South Carolina Ave. SE WDC 20003. E-mail interest, experience, current driving record to employment@chds.org

Drivers & Helpers wanted

Nat'l moving Co now hiring. Lifting/loading nec. Clean DMV & background check required. Up to \$15/hr. Call 703-256-6403 (Alex)

Engineering

Civil Engineer wanted by a structural engineering firm in Washington DC 20037. Resp for structural analysis of buildings. MS degree in Civil Engineering req'd. Fax resume to Ammann & Whitney Inc: 202-331-7490

JOBS

FINANCE

Department of Veterans Affairs is seeking a **FINANCIAL ACCOUNTS TECHNICIAN**
Competitive Salary: \$35K-51K.
Benefits: Health and Life Insurance, Retirement Plan, TSP (401K), Annual and Sick Leave.
For additional information for this announcement visits the website at
www.usajobs.opm.gov
Job Announcement # 2008-179-WRO

General Jobs - Travel Agents

Needed. Flex hours. Training provided. Health Care benefits. 301-805-8941.

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HEALTH CARE



Community Health Center and Correctional Full-time Career Opportunities

Unity Health Care is a multi-site non-profit organization offering a continuum of medical care and human services primarily to the homeless and medically underserved. Serve our mission, vision, values and community by applying for the following career opportunities available:

- Physician - Internal Medicine
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- Physician Assistant
- Dentist
- Registered Nurse (RN)
- License Practical Nurse (LPN)
- Unit Clerk
- Regulatory Affairs Nurse
- Radiologic Technician
- Health Center Director
- Health Educator
- Maintenance Supervisor
- Driver
- Medical Assistants/Floater
- IT Data Analyst/Trainer
- Dental Assistant
- Pharmacy Technician
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- Patient Registration Clerk
- Receptionist
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Att: Business Office
Fax: 703.527.0369
Email: kris@eltiempolatino.com
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El Tiempo Latino

Classifieds

JOBS

MAINTENANCE
TECHNICIAN

Town Home community located in Indian Head, MD is currently seeking a Maintenance Technician. Must have 3 years experience in all phases of apartment maintenance including electrical, plumbing, HVAC, etc. CFC certified a plus. Must have own tools, transportation, and able to run emergency calls. Company offers excellent benefits package.

If interested please fax your resume to
(301) 350-9095
or e-mail resume to millwood@comcast.net
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MANAGEMENT



**SiloSmashers Open House
Recruiting Event
Wed, February 13th
8:30am - 5:00pm**

To meet the growing demands of our services, SiloSmashers, a Management & Technology Consulting firm, seeks professionals for the following positions:

- Program & Project Managers
- Program Analyst
- Business Analyst
- Sr. Contracts Consultant
- Sr. Scheduler
- QA Specialist
- Marketing & Communications
- Organizational Change Specialist
- Training Specialist
- HR Admin. Specialist

RSVP and apply to:
<http://silosmashers.net-apply.com/12434>

Please bring your resume for on-site interviews.

Location:
Collaborations Club
in the Verizon Center
601 F St. NW, WDC 20004

Entrance: 7th & G Sts. next to McDonalds.
Inform the Guard you are attending the
SiloSmashers Open House.

www.silosmashers.com

Maintenance

FT Maint. Tech

Based in Alexandria, work multiple Northern VA sites. Own tools & vehicle required. 1 yrs exp. EOE. 501c3. Great Benefits. HVAC a plus. Fax resume to 703.765.5429 or email terryn@rpjhousing.org

Maintenance Supervisor

Established Property Management Firm has an immediate Maintenance Supervisor opening for a Section 8 property in Washington, DC. Must have supervisory experience. Full benefits package available plus 401K. Please fax salary request and resume to: 202-371-8103 or email to: pmopportunities@hotmail.com

Nursing

RN- Dream Job!

Exciting opportunity to provide hands-on care in a premier Adult Day Health Program to develop and expand its Alzheimer and dementia health programs. Also includes supervision duties. RN w/DC license and experience w/geriatric req. Prefer Alzheimer and dementia experience and ability to develop health program for geriatric population. Salary commensurate with experience (\$60,000-\$75,000).

Send resume and cover letter to: IONA Senior Services, Attn: Human Resources, 4125 Albemarle St., NW, DC 20016, fax (202) 895-0236, or email personnel@iona.org.

Equal opportunity employer, women, minorities and people of color are encouraged to apply.

Office/Security Assistant - Computer/Driving skills. Ph 202-232-8343.

Pipefitter

The National Gallery of Art is seeking an experienced Pipefitter to repair, maintain, and install piping equipment. The individual shall have hands-on experience with steam heating, high temperature hot water heating, steam valves, relief valves, float valves, and other plumbing equipment. Knowledge of trade practices, measurements, and layout; ability to understand and interpret blueprints and specifications; and ability to discover and eliminate malfunctions are also necessary. Secure government job with great benefits. Salary range \$23.59-\$27.55, hourly. Call Mr. Bixler at 202-842-6350 for more information. U.S. citizenship is required. For specific application information and instructions go to <http://jobsearch.usajobs.opm.gov/a9nga.asp>. The vacancy announcement number is 08-7A. Applications will be accepted through 3/7/08. EOE.

Plant Care Tech - F/T 40 hrs. wk, Mon-Thur, Fri short day, start 8AM or earlier. Interact well w/customers, plant care training & co. car provided. Benefits include med/dental/vac. leave, drug free company. Apply in person at PlantWorks, 14504 Lee Rd, Chantilly, VA, call 703-378-1197 for interview times, start asap.

Policy

Policy Coordinator

\$48,664 - \$78,130
Closing Date: 2/15/08

The MD Dept of Juvenile Services currently has a vacancy for a Policy Coordinator located in Baltimore City. Requires a BS/BA degree and 7 yrs exp in administrative or professional work. 2 of those yrs must have involved the supervision of other employees or exercising responsibility for program development and 1 of those yrs must be in policy making, including developing, reviewing, and revising all departmental policy directives, standards, regulations and operating procedures to include Best Practices. Submit a MS100 application to Dept of Juvenile Services - OHR, One Center Plaza, 120 W. Fayette St., Balto., MD 21201. To download the MS100 & for detailed info, go to www.djs.state.md.us or www.dbm.maryland.gov. EOE

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Children

Borrow Hot Wheels or Barbies through a new online service

After scouring the Internet to fill her house with only the best toys for her infant twin sons, Lori Pope hated to watch the clutter build as the boys lost interest.

"If you can rent movies, video games and even handbags online," she thought, "Why not toys?"

That's the idea behind Baby Plays, a Web-based company Pope launched in October that allows parents to receive four or six toys in the mail every month, assembled and ready for playtime.

Call it Netflix for the toddler set.

Baby Plays subscribers visit the company's Web site to browse among nearly 200 toys for newborns through preschoolers. Customers build a wish list of toys they'd like to rent, and Pope's staff ships them to their door.

"It's going to take a load off of moms," Pope said.

The program has been great for Heidi Borden, a financial analyst from the Houston suburb of Katy who used to dread shopping for toys with her now 11-month-old daughter and 2-year-old son.

"She wants to get on the floor and he's running down the aisle and I'm just stressed to pick out something really good really quick, get in and out," said Borden, 39. "It's just a lot nicer to be able to do this online and not worry about if it's something that they don't like."

As the co-owner of an oilfield supply business, Pope also didn't have a lot of time to shop. To save time, money and space, she searched the Internet for a toy rental company. When she couldn't find one, she decided to start her own.

Pope started with 10 customers, shipping toys out of spare office

space in her business. Now she has about 200 customers nationwide, including about 40 grandparents, and is preparing to move into a 3,000-square-foot warehouse next door.

She has spent \$250,000 of the money she's made from her other business to get the company off the ground, from buying toys and hiring employees to subletting the office and storage space. She still pours about \$12,000 per month into the company but hopes to begin turning a profit by this fall.

Customers pay \$28.99 per month to get four toys per month for three months and \$35.99 per month to get six toys per month for

If you can rent movies, video games and even handbags online, why not toys?

three months. Families willing to sign a yearlong contract can get six toys per month for \$31.99.

Baby Plays' inventory includes popular toys by brands such as VTech, LeapFrog and Playskool as well as more obscure European manufacturers. Pope keeps at least seven of each kind of toy in stock so she can fulfill almost every request. She plans to double her inventory over the next two months.

Pope mainly stocks sturdy, easy-to-clean toys with few parts or parts that are easily replaced. She searches Web sites and catalogs for popular toys that are appropriate for small

INSIDE

Miley Cyrus (aka Hannah Montana) sets poor example | **38**

In Suspense: Strappy looks become legit | **35**

Discussion: Why money can't buy you love | **36**



PAT SULLIVAN/AP

TOYS "R" US AVOIDANCE: Lori Pope displays a puppet that parents can rent for their kids, at the headquarters of her toy rental company, Baby Plays, in Houston.

Click & Play

children and meet all European and American safety standards.

Once a new toy comes in, Pope invites Houston-area customers and their children to her office for some hands-on testing. If the kids love them, she'll order more. If they ignore the toy or lose interest in just a few minutes, it's cut.

The toys are sanitized with Clorox wipes and loaded with fresh batteries before being shrink-wrapped and boxed for shipment. The few

toys that are too big to be shipped fully assembled are boxed with a screwdriver and instructions.

Families generally keep the toys for one month and then send them back in the box they came in, using a postage-paid return label the company includes with each shipment. Most parents know that's long enough for little kids to exhaust their interest.

But it's no big deal if the little

one wants to hang on to a couple of toys for several months, Pope said. Parents can just exchange the toys they don't want, and new toys are shipped out as the old ones are returned.

Pope also keeps a close eye on the merchandise, yanking toys that are broken or more than "gently worn" and donating them to needy families nominated by her customers.

"If it has a little scratch on it, we're not going to take it out of the program," she said.

But, "we're not going to ever send anybody anything that they're going to feel like is junk."

LIZ AUSTIN PETERSON (AP)

Spirits of St. Valentine

Drinks

Marketers, history instruct us to quaff sweet love potions

Valentine's Day, the annual holiday of price-gouging florists and bad drinks, is nearly upon us. The "Official Harvard Student Agencies Bartending Course" captures the unfortunate liquid aesthetic, declaring that Valentine's Day calls for "a red or pink 'love potion' punch."

And because Valentine's Day has long been associated with chocolate, I've been told that some take the holiday as a license to commit Chocolate Martinis.

Corporate marketing departments don't exactly help when they propagate cocktails imagined to be redolent of romance.

Dubonnet urges one to "Express Your Love in the Language of Cocktails" with a drink called a "Sweet Red Kiss." Made with Dubonnet's red aperitif wine, the raspber-



Red or pink cocktails are often regarded as drinks fit for Valentine's Day romance.

ry liqueur Chambord, currant-flavored vodka, and splashes of orange, pineapple and cranberry juice, the drink — you'd think — would be sweet enough to satisfy even the most morbid of sweet-cravings. But Dubonnet also rec-

ommends putting sugar on the rim of the glass.

Pernod-Ricard, touting cocktails for Valentine's Day, asks: "What better way to leave a lasting impression than with romantic cocktails from your heart?" One of its suggestions

“What better way to leave a lasting impression than with romantic cocktails from your heart?”

PERNOD-RICARD,
WINES & SPIRITS COMPANY

is the Kahlua Exotic Bliss — coffee liqueur, raspberry vodka and grenadine garnished with fresh raspberries. This cocktail may indeed leave a lasting impression, just not the sort one wants.

Looking for vintage drinks in keeping with the holiday doesn't deliver much better results.

There is an old Cupid Cocktail made with sherry, a whole egg, powdered sugar and cayenne pepper. Sherry, dry vermouth and a dash of Angostura gets you an Amour. While the Love Cocktail isn't bad — gin, lemon juice, egg white and grenadine — it is indistinguishable from a Clover Club.

But that doesn't mean we can't

find drinks fit for wooing.

Romantic cocktailing is a well-established concept, born of Prohibition. Before America's ignoble experiment, saloons were primarily the province of men.

Novelist, historian and drinks-scribbler Bernard DeVoto thanked the speakeasy culture of the '20s for ending all that: "Prohibition sanctioned women to share liquor with men frankly, without surreptitiousness or shame."

The 1934 musical "Murder at the Vanities" celebrated the new culture of romantic drinking, with the song "Cocktails for Two." The verse set the tone: "No longer slinking/ Respectably drinking/Like civilized ladies and men."

The shared Martini often signals equality. When first we meet Nora Charles in the movie "The Thin Man," she is joining her husband, Nick, at a nightclub, where he already has a head start, Martini-wise.

"Say, how many drinks have you had?" Myrna Loy asks as the waiter brings them a pair of cocktails.

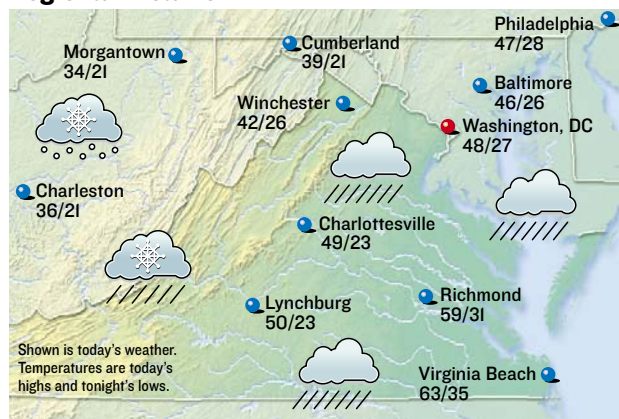
"This," says William Powell, "will make six Martinis." She asks the waiter to line up five more for her. The sharing of Martinis establishes how simpatico Nick and Nora are.

They even share hangovers. ERIC FELTEN (THE WALL STREET JOURNAL)

5 Day Forecast for the Washington Area

Today	Tonight	Thursday	Friday	Saturday	Sunday
Cloudy, rain	Rain ending, brief snow possible	Mostly sunny	Partly sunny	Mostly cloudy, rain possible	Cloudy, ice, then rain possible
48°	27°	46° / 29°	52° / 31°	34° / 26°	48° / 33°

Regional Weather



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Almanac

Washington, D.C., through 4 p.m. Tues.

Temperature

High	31°
Low	25°
Normal high	46°
Normal low	29°
Average humidity	62%

Precipitation

24 hours ending 4 p.m.	0.02"
Month to date	2.22"
Normal month to date	1.09"
Year to date	3.59"
Last year to date	2.61"
Normal year to date	4.30"

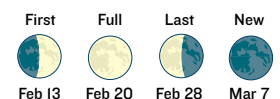
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Regional Forecast

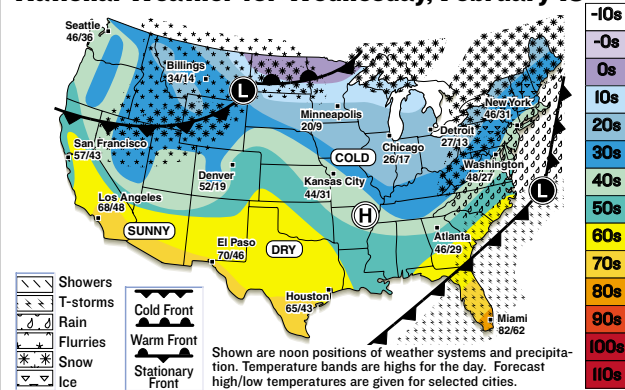
D.C. Metro: Today, cloudy, rain. High 48. Wind north 7-14 mph. Tonight, rain ending, perhaps as a period of snow. Low 27. Wind north 15-25 mph.

Sun and Moon

Sunrise today	7:03 a.m.
Sunset tonight	5:43 p.m.
Moonrise today	10:15 a.m.
Moonset today	12:16 a.m.



National Weather for Wednesday, February 13



National Cities

City	Today Hi/Low	Thur. Hi/Low
Atlanta	46/29/pc	59/38/s
Boston	43/30/r	37/26/pc
Chicago	26/17/pc	34/19/sn
Dallas	61/45/s	63/39/pc
Denver	52/19/pc	26/11/sn
Honolulu	81/68/s	80/67/s
Los Angeles	68/48/pc	67/48/pc
Miami	82/62/t	78/68/pc
New York City	46/31/r	39/31/pc
Orlando	76/50/t	71/51/s
Seattle	46/36/c	48/39/c

World Cities

City	Today Hi/Low	Thur. Hi/Low
Amsterdam	50/36/s	50/34/pc
Athens	54/45/pc	57/46/s
Berlin	45/30/pc	43/27/c
Buenos Aires	86/68/s	90/72/s
Calgary	35/20/sn	33/22/c
Dublin	52/32/pc	48/36/pc
Geneva	48/31/s	51/30/s
Moscow	28/21/sf	25/10/sf
Rome	57/39/sf	57/37/s
Sydney	71/62/pc	73/63/s
Tokyo	43/36/s	45/32/s

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

Styles

LOOKout



LIZO BAYLEN/ILAT

Strappin' Looks

Suspenders move past hipster irony to become legitimately fashionable

Victoria Beckham dons a Dior pair on the cover of *Elle*, while Keira Knightley wears the same ones on the cover of *Interview*.

Suspenders, no longer simply a quirky hipster accessory, have gone legit.

It's pretty amazing for a look that barely scratched the spring catwalk's surface except at Dior, where suspenders accented Marlene Dietrich-inspired, full-legged trousers.

The truth is, suspenders came into their own

“I’ve been wearing suspenders my entire life. But it’s a hard look to pull off.”

ILARIA URBINATI, STYLIST

by filtering up from the streets, not down from the runways. Last year, Mischa Barton wore them everywhere, along with DJ Samantha Ronson and modeling phenom Agyness Deyn. But that doesn't mean that everyone who's reading *Elle* should attempt the temperamental look. For those willing to give the look a go, there are suspenders at every price point: H&M makes skinny ones in basic black and blue (\$12.90), or you can spend all the way up to a brown leather pair by Robert Geller (\$198).



Long and skinny vintage suspenders pair well with denim. Bare over flair: It's important not to overdo accessories.

Wardrobe stylist Ilaria Urbinati agrees. Having costumed Season 2 of “The L Word,” she's no slouch at androgynous dress but cautions would-be wearers against errors that are likely to draw snickers. “I’ve been wearing suspenders my entire life,” she says. “But it’s a hard look to pull off.”

Because suspenders make such a loud statement, Urbinati says that the surrounding outfit should stay sparse. “The simpler the better,” she says. Celebrities usually overdo it. “It tends to look ridiculous because they’re trying to be too sexy and serious. They don’t understand that suspenders are simple and fun.” Last spring, Fergie added a fedora, Wayfarer sunglasses and a scarf to her denim suspender ensemble, which created a look that belonged in trend rehab. “If you wear them with too many men’s pieces, it’s too costume-like.”

Urbinati advises suspender wearers to go easy on male accoutrements such as vests to avoid looking like *Oliver Twist* or Tom Sawyer. Another major faux pas is letting one or both straps hang down. “No. Unless you want to look like Marky Mark. [The look] can’t be hip-hop; it’s more Hedi Slimane and Dior.”

“All of my fashion friends started wearing them,” Urbinati says. “I love them with high-waisted pants. Denim is the best way to go. And they look good with a T-shirt and a tuxedo blazer, too.” Slouchy dress pants are also a stylish way to inject the suspender with some old-school charm. But dress pants don’t necessarily mean dressing up. “I don’t love suspenders for anything fancy. They’re fun and cheeky.”

Having picked up many pairs of suspenders at vintage stores and discount chains such as Forever 21, she suggests shoppers go for cheap or high-end. “It isn’t worth it to do the in-between.” And what is go-to style when it comes to elastic? “Skinny black ones. ... Suspenders always feel cartoonish in colors.” ERIN WEINGER (LOS ANGELES TIMES)

Beauty



Fruit Smoothie

When your best seller is a solid blush stick and you already offer eight colors, how do you freshen up the product? Make it swirly! Tarte’s **FULL BLOSSOM CHEEK STAIN** (\$28, Sephora) has pink, magenta, crimson, cerise and every other form of red defined in the dictionary. It also contains a “T5 Super Fruit Complex” of acai, goji, maracuja, acerola and pomegranate; we imagine this combo would be more healthful ingested than applied via blush, but, hey, it’s still fruit. HOLLY J. MORRIS (EXPRESS)

Skin Care

Wrinkle Cold Fusion

That’s not a “B” in **LANCÔME ABSOLUE ULTIMATE RX SERUM** (\$130, Lancome-usa.com) — it’s a lower-case beta, a Greek character used to represent, among other things, a certain type



of radioactive decay. Mature female physicists may, thus, eye this product with suspicion, and maybe they should—it’s as potent as enriched uranium. One dose makes one’s face feel like it’s being vacuumed from behind, flattening out small wrinkles and sucking in larger ones. But an unaged tester’s skin

looked like taut Saran Wrap—moisturizer nearly slid off it. In other words, this stuff is so crazy-powerful that if you’re too young to need it, it’ll make you look old. H.J.M.

LOOK out Online

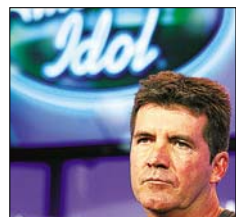
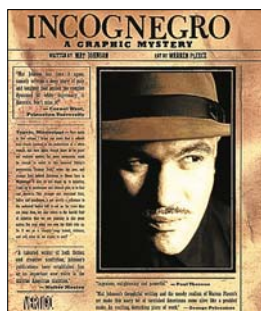

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BOOKS

Undercover Brother

In "Incognegro," Zane Pinchback is a reporter whose pale skin allows him to pass as white to expose racial injustice in the early 20th-century South. Darona Williams spoke to author Mat Johnson about researching the book and why the story's graphic novel format worked so well. | [COMING UP](#)



TELEVISION

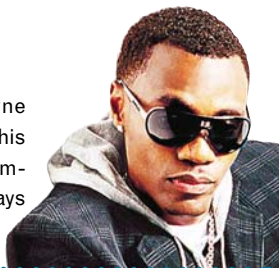
Hollywood and Vain

Goodbye, auditions; hello, competition. The latest crop of "American Idol" wannabes began giving it their all as they made it to the cutthroat stage in Hollywood. Who shone? Who froze? Who did Simon despise most? Greg Barber has a recap. | [COMING UP](#)

MUSIC

Lover's Rock

Gruff-chanting Jamaican DJs love to add Wayne Wonder's sugar-sweet vocals to their songs—and his own tunes are romantic, R&B dancehall reggae numbers. Christopher Porter quizzed the crooner, who plays at Crossroads on Wednesday. | [COMING UP](#)



comment board

“These suspected

plotters haven't had a fair trial, so how do we know it was actually these men involved? Especially when at least one was tortured.”

COMMENTER ME, WHO ADDED, “WHO KNOWS WHAT OTHER ‘CONFESSIONS’ MAY HAVE COME UNDER THAT TYPE OF INTERROGATION?”

“Send them to

a desolate prison out west, and keep them in solitary confinement for the next 60 years of their lives.”

COMMENTER JOHN, WHO ADDED, “IF THEY ARE CONVICTED OF THESE CHARGES, THEY CERTAINLY DESERVE THE DEATH PENALTY.”



“I am opposed to the death

penalty in all cases. In a modern civilized society, there is no need to put people to death. Life in jail, no hope of parole, does the job.”

COMMENTER PMMJ, RESPONDING TO TUESDAY'S POLL CENTER QUESTION, “DO YOU FAVOR SEEKING THE DEATH PENALTY FOR SUSPECTED 9/11 PLOTTERS?”

pollcenter

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YESTERDAY'S RESULTS (AS OF 5 P.M.)

DO YOU FAVOR SEEKING THE DEATH PENALTY FOR SUSPECTED 9/11 PLOTTERS?

NO 51%

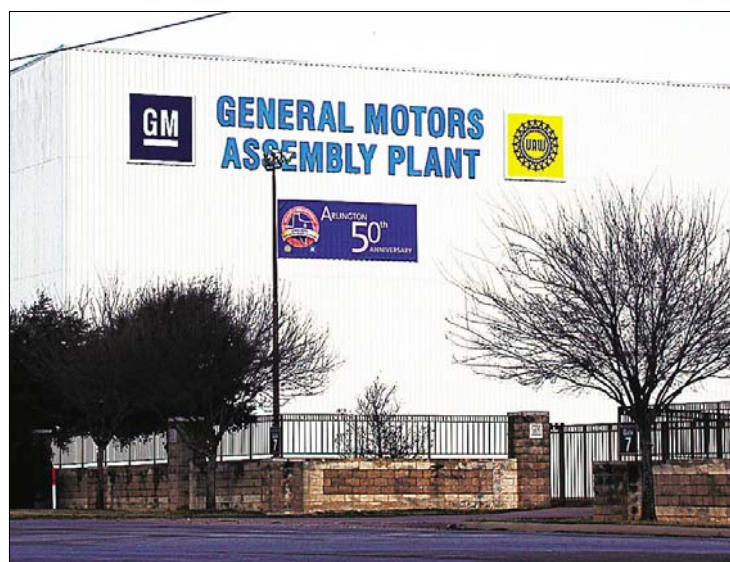
YES 49%

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Blog LOG

“If I’ve said it once, I’ve said it a million times: If bacon-wrapped hot dogs are outlawed, only outlaws will cook bacon-wrapped hot dogs.”

SOGGOODBLOG.COM THINKS THAT LOS ANGELES OFFICIALS SHOULD CHANGE THEIR BAN ON STREET VENDORS’ GRILLING HOT DOGS, WHICH MAKES L.A.’S BACON DOG TREATS ILLEGAL.



“No morale, dead-end job and low pay. There goes the product, a big chunk of the middle class and the American dream.”

AN **AUTOBLOG.COM** COMMENTER LAMENTS THE NEWS THAT GENERAL MOTORS IS OFFERING BUYOUTS TO 74,000 UNION EMPLOYEES AMID DISMAL COMPANY LOSSES.



“I WANT TO SAY this whole Britney [Spears] situation has officially reached new levels of insanity, but at least these guys are off the streets and earning an honest living. Capitalism does work!”

THESUPERFICIAL.COM COMMENTS ON A GOSSIP ITEM ABOUT HOW L.A. PHOTO AGENCIES HAVE BEEN ARMING RIVAL GANG MEMBERS WITH CAMERAS TO COMPETE WITH OTHER BRITNEY-SEEKING PAPARAZZI.

“MAYBE WHEN we have an administration that is curious about something (science, food, economy, foreign policy, pharma, anything), we might start to discover what is really going on with what we’re putting in our bodies.”

AMERICABLOG.COM POINTS TO A STUDY SUGGESTING A STRONG LINK BETWEEN ARTIFICIAL SWEETENERS AND WEIGHT GAIN.

“I STILL BELIEVE Hillary [Rodham Clinton] will be the Democratic nominee, although it may not be by way of a democratic election. The Clinton machine is a deadly force and will go to any lengths.”

A **CAPTAINSSQUARTERSBLOG.COM** COMMENTER THINKS CLINTON WILL END UP WINNING HER PARTY’S NOMINATION.

Discussions

Love and Money

Post personal finance writer **NANCY TREJOS** was online Tuesday to discuss her Sunday Business cover story, which focuses on how money and finances complicate modern relationships.

I am getting married this summer. I am a saver and have roughly \$30k saved, hoping to buy a home in two to three years. My fiancée has not had as much financial luck, went to grad school, etc. and owes about \$6k in credit card debt. We’ve discussed this extensively, and I am

very confident about how we will handle finances in our marriage, save, etc. The problem is that he does not want to use my savings to pay off his debt; he wants to do it on his own.

Remember that how you solve this is more important than the solution. See if you can ask him whether there is a compromise that he can live with. At the end, his feelings about himself are even more important than how you solve the finance issue.

Is there any sane way to deal with the emotional issues a prenup brings? My fiancé asked me for one soon after we were engaged. This is a thorny question. Start with why the person is concerned. Next,

realize that often they are concerned about a sense of security. Also ask yourself why this issue is important to you. There is no perfect answer for this issue.

Money is a source of conflict in our marriage. We plan to sit down tonight to talk about it. Where do you recommend that we start?

Reassure each other that you love/ really care about each other. Next, make a plan together that you both can live with. Don’t forget to emotionally reassure each other.

TODAY ON DISCUSSIONS: Post Metro columnist Marc Fisher dissects the results of Tuesday’s Potomac Primary at 1 p.m. | washingtonpost.com/discussions.

DON'T

APPLY FOR WELFARE IN A STOLEN HUMMER. A Tennessee man has been charged with possession of stolen property after he was seen by police driving a Hummer after applying for welfare in Jonesville, Va. William Anderson, 51, is being held without bond.

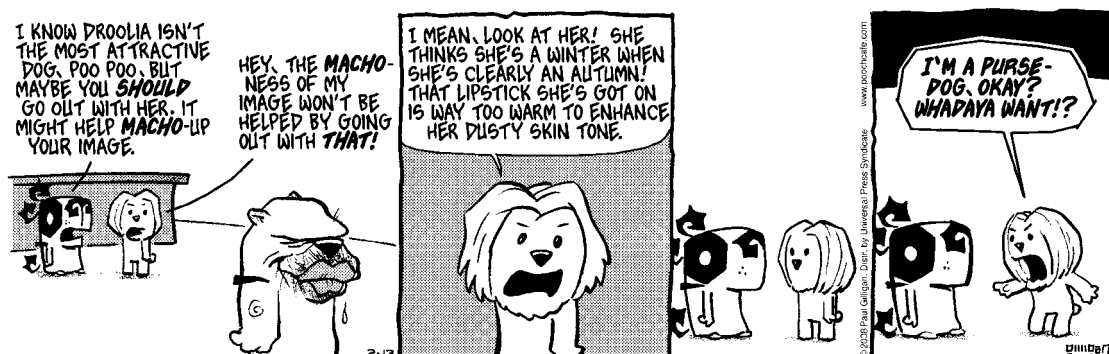
Bizarro | Dan Piraro



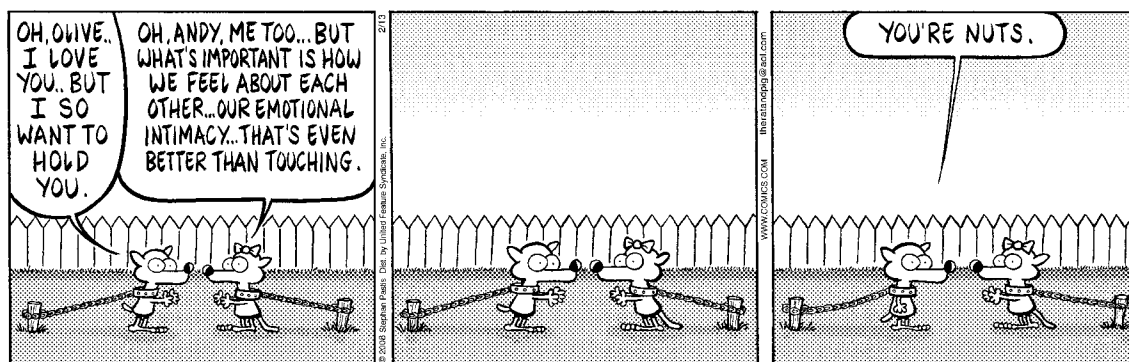
Cornered | Mike Baldwin



Pooch Cafe | Paul Gilligan



Pearls Before Swine | Stephan Pastis



The Duplex | Glenn McCoy



Horoscope

By Stella Wilder

AQUARIUS (Jan. 20-Feb. 18) You may encounter some higher costs that have you going back to your bankbook and re-budgeting for the current period.

PISCES (Feb. 19-March 20) Don't just talk about those plans you've made; start putting them into motion. Make big strides toward a new goal.

ARIES (March 21-April 19) How far into the future do you think you can see? It's important that you have a grasp of coming trends before making a key decision.

TAURUS (April 20-May 20) Though others may come to you for some advice, you may have to go to someone else to get the last word on a certain key issue.

GEMINI (May 21-June 20) You can score a great many points with a rival simply by remaining true to your own ideals, and keeping your mouth shut as much as possible.

CANCER (June 21-July 22) You won't want to go out on a limb for anyone

just now; the risks are great and the rewards very few. Stay safe; focus on what you know.

LEO (July 23-Aug. 22) You're going to have to be more patient than expected as you encounter someone who isn't willing to get with the program.

VIRGO (Aug. 23-Sept. 22) Someone you know well may finally offer you the kind of business deal you've been looking for.

LIBRA (Sept. 23-Oct. 22) Something you thought was coming to an end may surprise you by lingering a little longer. Enjoy yourself.

SCORPIO (Oct. 23-Nov. 21) Take a look around at those who are working by your side, and you'll realize once again that you're all in this together. Don't isolate yourself.

SAGITTARIUS (Nov. 22-Dec. 21) Though you're not really in charge, the fact is that everyone around you will be better off if you take the reins for a while.

CAPRICORN (Dec. 22-Jan. 19) You may be feeling a bit unsettled at this time, but it's not entirely your fault. A friend may have inadvertently threatened your self-esteem.



A view of the destruction in Dresden, Germany, from the Allied bombings in 1945.

Today in History

1542 The fifth wife of England's King Henry VIII, Catherine Howard, is executed for adultery.

1935 A jury in Flemington, N.J., finds Bruno Richard Hauptmann guilty of first-degree murder in the kidnap-slaying of the son of Charles and Anne Lindbergh.

1945 During World War II, Allied planes begin bombing the German city of Dresden.

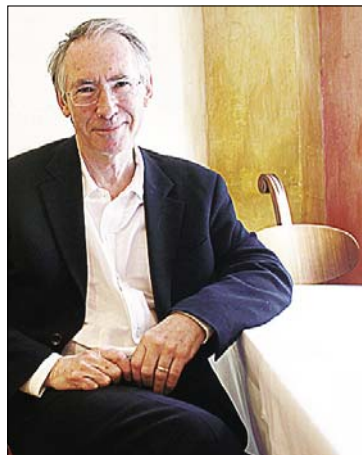
1980 The 13th Winter Olympics open in Lake Placid, N.Y.

2003 An investigative panel finds that superheated air almost certainly seeped through a breach in the space shuttle Columbia's left wing and possibly its wheel compartment during the craft's fiery descent.

2007 Former Massachusetts governor Mitt Romney officially enters the 2008 presidential race in Michigan, the place of his birth.

LOOK out

People



McEwan's parents blame his manager for allowing paparazzi near their son.

SAD

McEwan Misled by Svengali Manager, Now Hospitalized

British author **IAN MCEWAN** said he is happy with the movie adaptation of his best-selling novel "Atonement" despite initial reservations about its big budget and the medium of film. McEwan praised director Joe Wright's "lush visual sense" and "real sense and eye for instinct, for the emotional heart." The author also hailed screenwriter Christopher Hampton's ability. The Booker Prize winner added that Keira Knightley and James McAvoy, "worked marvelously together." (AP)

PESKY

Law Firm on Retainer by Mel Gibson Mildly Bothered

A screenwriter has sued **MEL GIBSON** and his production company, claiming he was misled by Gibson into accepting a small



payment for writing "The Passion of the Christ" and was refused extra money when the film became a blockbuster. (AP)

The U.N. endorses the use of Posh Spice in parody.



PITY

'Spamalot' Abides By Geneva Conventions

Britney Spears is out, **VICTORIA BECK-HAM** is in — as a lyric for the Lady in the Lake in "Monty Python's Spamalot." When asked why the lyric was changed in "Diva's Lament," "Spamalot" author Eric Idle said Tuesday: "Because we don't laugh at sad people. [Director] Mike Nichols requested it, and he's right. We changed the lyrics in London, on tour, on Broadway and in Las Vegas. We think that it's now too sad. Britney Spears is being tortured to death, and we don't want to be on that side." (AP)

RESEMBLANCE

Behold! It's Paris' and Nicky's Very First Nose



BARRON HILTON, younger brother of Paris, was arrested Tuesday morning for allegedly driving under the influence, authorities said. Hilton was held at the Malibu station of the Los Angeles County Sheriff's Department. No other information was immediately available. (AP)



EVIL

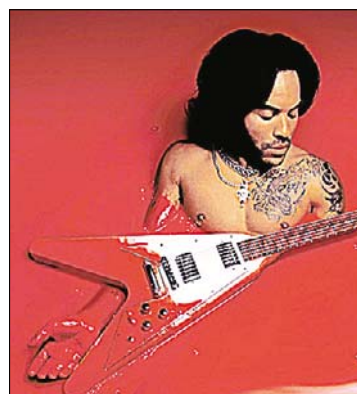
Cute Lil' Human Death Pusher

Buckle up, Hannah Montana! Consumer Reports magazine says 15-year-old superstar **MILEY CYRUS** is seen in her new movie riding without a seat belt in the backseat of a Range Rover. So is her father, Billy Ray Cyrus, the Yonkers, N.Y.-based magazine notes. The magazine says 65 percent of the 13- to 15-year-olds killed in auto accidents in 2006 were not wearing seat belts. (AP)

FINALLY!

Famous Person Hospitalized For Non-Mental Problem

LENNY KRAVITZ was taken to the hospital Tuesday and will postpone his upcoming European tour due to a bout of bronchitis. Kravitz was set to begin the tour this week. It was to run through the end of March, accompanying the release of his new album, "It Is Time for a Love Revolution." The singer, 43, had been struggling with a series of severe respiratory tract infections and the flu since mid-January. (AP)



Blood-drenched guitars are how 90 percent of bronchitis cases are spread.

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LOOK out

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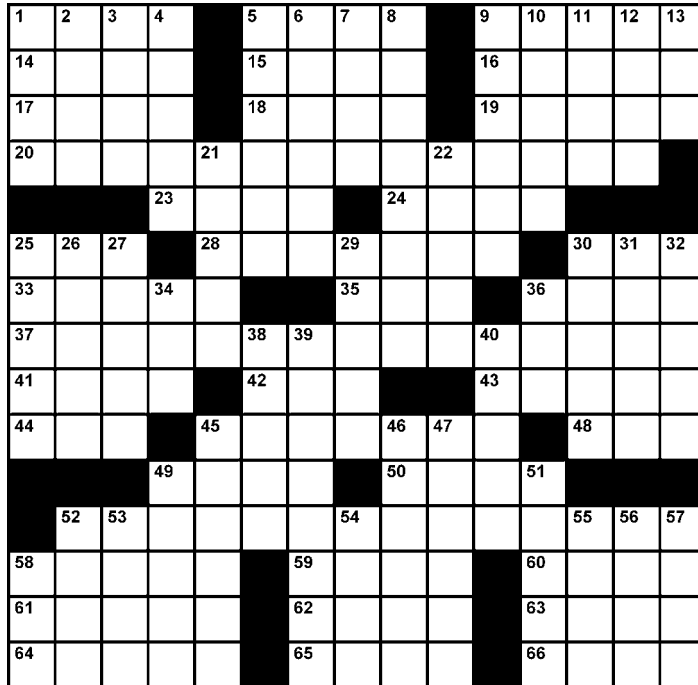
ACROSS

1 Content of some globes
5 Aussie birds
9 Arrangement containers
14 On something?
15 American Beauty, e.g.
16 Prefix with "violet" or "liberal"
17 Hybrid citrus fruit
18 Outward appearance
19 Easy hoop
20 Interrogation, in slang
23 Last word of a holiday song title
24 Chowder mollusk
25 "___er old man!"
28 Heartache
30 Rhea's Roman counterpart
33 One with parts
35 Slow equine
36 Distort, in a way
37 Journalists, as a group
41 Elton John or Paul McCartney, e.g.
42 Born in France
43 Prepared, as a letter
44 Foreign exchange listing
45 "A Horse With No Name" band
48 More than frustration
49 Distance between pillars
50 What some comments are off of (with "the")

52 Legally not talking
58 Strained soup
59 Waterless
60 Spot for a hoop
61 Monkeyshine
62 Singer Halliwell
63 Course ritual
64 The Duke
65 Berkshire school
66 Phoenician trading center

DOWN

1 Not even ajar
2 Almost, in poems
3 Eye impolitely
4 Particles
5 Weasel, in winter
6 Fabrics with wavelike designs
7 Not factory-fresh
8 College student's message to dad
9 Coarse, as language
10 Burglar's bane
11 Sore for sight eyes?
12 Port on a lake of the same name
13 Gabriel, for one
21 Prefix for "electric" or "plane"
22 Girl in a Beethoven title
25 Was inactive or indifferent
26 Autumn color
27 Gertrude's mug?
29 Father, to Caesar
30 Giraffe's shorter kin
31 Dwindle to nothing (with "out")
32 Alfred Nobel, for one

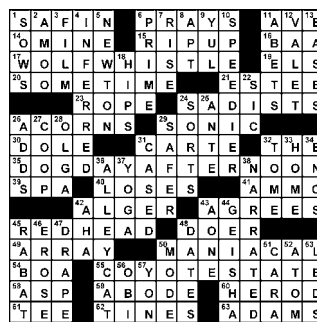


EDITED BY TIMOTHY E. PARKER

34 In many cases, to a poet
36 Dirty digs
38 Cause to lose one's nerve
39 Involve again
40 Type of nurse or sergeant
45 Each, in pricing
46 Speedy Suzuki
47 Added music to, as in a play
49 Ball of yarn, e.g.
51 Take the bones out

52 Charlie of commercial fame, for one
53 Like some experimental films
54 Allowance for waste
55 Conniving
56 Aspen conveyance
57 Blood component
58 Foot in the forest

Yesterday's Solution



SUDOKU | MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See www.sudoku.com for solution, tips and computer program.

Need more Su/doku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

Yesterday's Solution

3	4	1	9	8	6	5	2	7
5	2	7	3	1	4	6	8	9
8	9	6	2	5	7	4	3	1
1	8	9	5	6	2	3	7	4
7	3	4	1	9	8	2	5	6
6	5	2	4	7	3	1	9	8
2	7	3	6	4	9	8	1	5
9	6	5	8	2	1	7	4	3
4	1	8	7	3	5	9	6	2

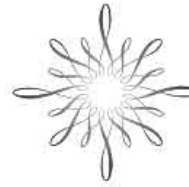
				8				4
	4					3		9
			9	3		6	8	
2				5		4	9	
				1				
	9	1		8				5
	1	4		6	3			
7		6						3
3			5					

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Greece has made **NO** concessions; Macedonia, on the other hand, **changed its flag, its constitution, all in good faith and neighborly relations.**

Greece attempts to distract the world from the ongoing mistreatment of its ethnic Macedonian minority, as documented by the State Department Human Rights Reports and Human Rights Watch.

Greece undermines American and NATO interests in the region.

Macedonia meets the requirements to be invited to join NATO at the Bucharest Summit in April 2008.

The U.S. Government fully supports Macedonia's NATO membership.

Macedonian troops serve in Afghanistan, Iraq, Bosnia, and Lebanon.

Macedonia recently doubled its troops to Iraq.

With the imminence of Kosovo's final status, Macedonia's NATO membership will help **promote peace and stability** in the Balkans.

Say **YES** to Macedonia in NATO 2008!

Congress should support Macedonia's NATO accession in 2008, acknowledge Macedonia's contribution to U.S. led efforts in the global War on Terror, and **reject the inaccuracies expressed in H. Res. 356 and S. Res. 300.**

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Getting Ahead

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Grape Expectations

HOW AN EX-POLICY WONK UNCORKED A NEW CAREER AS A WINE EXPERT

Thousands of Washingtonians deal with public policy all day, then kick back with a round of Chardonnay. Brian Cook used to. Then he decided he wanted to be around wine all day as a certified sommelier. Now he's the beverage manager and

CONTINUED ON E2



The Slob Market

Is your desk a disaster? Why it could mess up your career (or not) | E4



Girl Empowered

A book tells women how to avoid work woes and jump-start their jobs | E6

BY THE NUMBERS

31

THE PERCENTAGE OF U.S. EMPLOYERS THAT ALLOW SOME EMPLOYEES TO WORK AT HOME OR OFF-SITE REGULARLY. (FAMILIES AND WORK INSTITUTE)

Getting Ahead

A Wine Change

CONTINUED FROM E1

sommelier at Jaleo in the District's Penn Quarter.

After catching Potomac Fever as a college intern, Cook spent about 15 years as a policy analyst for such clients as multinational corporations, law and consulting firms, and financial companies. When international work and travel dried up, leaving generic domestic relations, "I started to lose steam," he says.

Besides not knowing what to do next, Cook had doubts about changing at all. "How can I leave all this?" he mused to an old friend.

Replied the friend, "You have 30 years of career left. Look at it that way."

One day, Cook's partner, half joking, suggested that he become a sommelier. Cook checked out the International Sommelier Guild (InternationalSommelier.com) and started asking questions. About

Change
Artists



SOFT CELLAR: Onetime policy wonk Brian Cook now geeks out only about wines as a sommelier at Jaleo in Penn Quarter.

three years ago, he shifted to part time at his old job and began working at Ace Beverage, learning about wines, pricing, ordering for large events, and the three-tier system of importing, distributing and selling. He left government relations upon enrolling in wine classes.

Around Washington, the ISG's Wine Fundamentals I and II are offered only through the Art Institute of Washington (Artinstitutes.edu/arlington, 877-303-3771).

The course load is intense: six hours per session for 12 weeks, covering colors, flavors, varietals, regional soil and climate, how wine works with food and much more. The next wine class at the Art Institute starts on Monday.

"It's for serious people," says instructor Philip Prifold, who notes that some students drive 80 miles to class. Brian Cook is one of a few who have truly changed careers this way, Prifold says, "but they're an anomaly. Most are servers, food and beverage directors, and bar-

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Getting Ahead



As the sommelier and beverage manager at downtown's Jaleo, Brian Cook chooses which wines go with the Spanish tapas.

tenders seeking to expand their income or expertise."

Here's how it works: Wine Fundamentals I (four weeks) and II (eight weeks) cost \$1,500. You can stop there for a certificate of completion or go on to the ISG's 24-week, \$3,100 diploma course, which includes buying, storing, cellar management and proper service techniques. All that plus passing a six-part exam — over two nine-hour days — certifies you as a professional sommelier.

"About \$5,000 can change your life's direction," says Prifold, counting the cost of wine a student would have to buy and taste to understand the course work.

Then there's the time factor. All three classes take nearly a year to complete. Cook studied while working at Ace as well as at Vino Volo, a company that places wine bars in

airports; he helped open the one at Dulles. "I did all three for seven months," he says. "One day, I realized I had no regular day off."

Working full time at Vino Volo while waiting to hear that he'd passed the exams, Cook learned from a classmate about an opening at Agraria Restaurant in Washington Harbour. He stayed briefly before a headhunter connected him with the Jaleo job, which he started in January 2007.

As a full manager at the popular tapas restaurant, Cook helps run the whole operation, including overseeing about 20 front-of-house staffers per shift. With beverage managers at Jaleo's other branches, he orders all potables and educates the staff about the extensive Spanish wine list — vintages, the nuances and what goes with which foods. He tastes many wines

as Jaleo revamps its list.

It's 50 to 60 hours per week but lucrative: According to the ISG, American sommeliers make about \$60,000 to \$150,000, depending on time in the field, level of expertise and area of the country. Plus, there's an upcoming trip to Spain to check out what's new.

Now that an evening's enjoyment has become his day job, Cook still relaxes with friends in his off-hours — but usually with non-Spanish wines "to keep fresh."

"I like to think of myself as a modern sommelier, not the stuffy stereotype," Cook says. "I introduce people to different vintages and styles depending on the type of food, ingredients, time of year, what they like, and what they want to spend. There's no greater satisfaction than to hear, 'We love this wine!'" ELLEN RYAN

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Getting Ahead



Henry Dunbar, who works at Reading Is Fundamental in D.C., believes that a slightly cluttered desk doesn't hamper his work.

The Desk Setup

Pros can't agree on whether your desk should be kept clean, orderly

There's one in every office — that guy whose desk is obscured by teetering piles of overstuffed manila folders, pen-stuffed mugs, computer speakers and other random office supplies. His stuff totally consumes his work space, leaving him only a Post-it-size area on which to write or set a cup of coffee.

On the other extreme is your

co-worker who clears her workstation off every day, spraying it with Dust Be Gone before putting her color-coordinated folders in neat, symmetrical piles. You know — the employee-of-the-month type whose cubicle looks like a furniture showroom, or worse, a spaceship cabin?

From ginormous federal agencies to teensy nonprofits, D.C. offices overflow with workers who keep their desks either shockingly messy or robotically clean. Is falling into either camp good for your career or work output?

Career experts Theo Theobald

and Cary Cooper, authors of "Desk Detox: Declutter Your Life and Mind" (Wiley, \$20), believe that slobos need to clean up their acts if they want to be truly productive. In their book, they go into how a mountain of tilting paperwork might be the first sign that other areas of a your life are going to topple into chaos.

Why do some people feel the need to let it all hang out on their desktops?

"To show colleagues that they have a life outside the workplace," says Theobald in an e-mail from England, where both he and Cooper

TIP SHEET

Coming Clean in the Cubicle

Lost that PDF you printed out or your sorority shot glass in the unsightly heap you call your desk? Consider these cures for your disorganized ways:

"MAP" YOUR DESK: "Stop and consider all the individual items on your desk and its surroundings, and think hard about when you last used them," says Theo Theobald, co-author (with Cary Cooper) of **"DESK DETOX: DECLUTTER YOUR LIFE AND MIND"** (Wiley, \$19.95). If newspapers from the Clinton administration and bottles of Wite-Out are within easy reach, you need to do some serious purging.

KEEP THE OFT-USED STUFF CLOSE: The more frequently something is used (the recycling bin, your green Sharpie, any documents related to the report that is due at 3:30 p.m. sharp today), the closer at hand it should be. Arrange your desk and office accordingly.

KEEP IT TASTEFUL: Really, folks — leave the pens depicting hotties whose clothes magically fall off at home. Knickknacks that "someone might find offensive need to be edited out," says Karen James Chopra, a D.C.-based career counselor. Their presence on your desk speaks to your tact and judgment "and, therefore, to your suitability for a more visible and responsible job."

USE 20-MINUTE BURSTS TO REALLY CRANK: Set a timer if you must, but dedicate yourself to working at one task at your desk for 20 minutes without stopping. "Any longer, and your attention will wander; any shorter, and you'll flit from one thing to another," Theobald says.

REAP FILING'S PSYCHOLOGICAL BENEFITS: Henry Dunbar, director of publications at Reading Is Fundamental, calls putting away materials related to completed tasks satisfying, "natural milestones that signal a project is finished." A.R.N.

reside. "They have photos or drawings by their kids as a reminder of why they're at work in the first place." Or they pile up reports or knickknacks to fit in with the culture of their organization — a sort of visual bragging. "People think a mountain of memos and papers signals that they're extremely busy and important," says Theobald.

Henry Dunbar, 44, director of publications at Reading Is Fundamental in D.C., strives to find middle ground between a mess and an Ikea catalog. Color-coded files on his office desk help organize work projects, while a talking "Napoleon Dynamite" doll and his kids' artwork amuses him and visitors in his office. Still, "I have to turn my back on fun stuff when I am working," he says.

Others have their own rituals. Amy Blaine, 37, a medical librarian in Falls Church, says that both her real and virtual desktops must be tidied before she can start a new task, just as the kitchen sink has to be cleared of dirty dishes before she'll brew a pot of coffee.

Theobald notes that the blessing/curse that is technology — IM and email, YouTube videos making their way around the office network, the ceaselessly ringing phone — can

exacerbate the distractions of a cluttered desk. "The more channels of communication that emerge and the greater the number of messages that bombard us, the shorter our attention spans become," he says. And the more likely output will take a hit.

Or so some say. Michael Panich, president of Landover-based engineering firm New West Technologies, is a proponent of what he calls "stratigraphic filing" of materials related to the dozen or so projects he might be working on at a given time (picture a strata — layers of rock, sand and soil stacked atop one another — to grasp his metaphor).

"I can find whatever I need in a paper stack on my desk faster than if I had put it in a filing cabinet," boasts Panich, 62. "I usually have no difficulty finding things, because I don't throw anything away." He has little feeling but scorn for the clean-desk cops. "I had a colleague once who filed everything and spent most of his time cleaning his desk. He was the least productive person I ever saw."

As president, Panich can afford to call the shots. But Karen James Chopra, a career counselor in D.C., observes that even one comment

from your boss about the state of your desk is a sign that you need to straighten things up.

"Of course, you don't have to do that, but your boss doesn't need to promote you, either," she says.

"Desk Detox" authors Theobald and Cary, of course, insist that a clean desk signals a clear mind, a more productive workday and, maybe, a parking spot right out front. They advocate getting rid of every item on your desk that's non-essential to the project at hand, then chipping away at that one task in 20-minute spurts, giving yourself periodic short breaks (er, that's 45 seconds, not half an hour!) from the monitor to glance out the window or otherwise recharge (see sidebar for more tips).

That's more in line with how Marian Wiseman thinks. A freelance writer on Capitol Hill, Wiseman, 61, says her "penchant is to be uncluttered — to put away everything unrelated to the current project. But in a pinch, 'I can and do work with things messed up' on her desk.

But Blaine's organizational rituals don't carry over into all areas of her life.

"Open my glove compartment," she laughs, "and it's like a jack-in-the-box." AMY ROGERS NAZAROV

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Getting Ahead

Up the Ladder, Ladies

A book tells chicks how to succeed in business without being cutthroat

Making enemies at the office. Getting fired over a pissy, sent-in-anger e-mail. Having to get up in front of the whole company and make a PowerPoint presentation. These are just a few of the common fears that haunt working women. And if they're not careful, such worries could seriously stall their careers.

Caitlin Friedman and Kimberly Yorio are both career chicks, too, and they've seen firsthand how mistakes, missteps and a lack of confidence can stall women as they climb up the corporate ladder. That's why the 30-somethings penned their first two books, "The Girl's Guide to Starting Your Own Business" and "The Girl's Guide to Being a Boss (Without Being a Bitch)."

Drawing on their experiences as co-founders and owners of New York City culinary public rela-

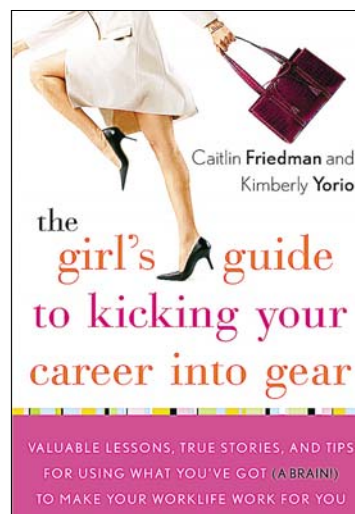
tions firm YC Media, Friedman and Yorio have created a closet industry of sorts. They dispensed their lively, femme-centric tips about how women can control their own career destinies in their new book, "The Girl's Guide to Kicking Your Career into Gear: Valuable Lessons, True Stories, And Tips for Using What You've Got (A Brain!) to Make Your Worklife Work For You" (\$24, Broadway).

Combining their own fresh-from-the-trenches ideas with insights gleaned from interviews

with more than 100 other successful businesswomen, they've produced a guide brimming with tips and techniques for slaying fears, overcoming stereotypes, and tackling other challenges women face when navigating the work world. We spoke with Friedman and Yorio to find out how women can learn to work it.

Why did you want to share what you'd learned on the job?

CF: We couldn't find any [business books] that inspired us, that spoke to us, that were relevant to our experience. We wanted to write books that women could relate to and actually apply to their experience. We love to work, we love our careers, we feel good at work, and we wanted to offer solutions and tips and stories to help women.



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Getting Ahead



NEW GIRLS CLUB: Caitlin Friedman, left, and Kimberly Yorio dispense career advice for women in their popular books.

Studies show that 41 percent of U.S. workers are dissatisfied with their jobs. Why don't more people like their careers, and why aren't they doing anything to change that?

CF: It's easier to think about what you don't want to do than what you do want to do. We don't have time to really think about what our options are. We just get kind of get stuck in that rut of negative thinking.

KY: People don't feel like they have the option. They're so weighed down by personal responsibilities they don't feel like they can get out from under them.

Are women too nice? Are they too worried about being liked, rather than doing what's best for their careers?

KY: We talk about fears in the book, and that's a very common fear women have. It was my fear. I wanted to be liked, I never wanted to say no, and I was too busy to focus on my future and my growth

and what I wanted next.

What are easy things a woman can do right now to help kick her career into gear?

CF: Start keeping track of your accomplishments. A lot of people don't reflect on their contributions

“Women forget to ask for things. If you don't ask, you don't get. Women also don't say 'no' very often.”

KIMBERLY YORIO, AUTHOR

until their annual review. But if you're someone who's on top of what you've brought to the table, what you've gotten better at, how you've inspired the team, you're really in great shape when it comes to your annual review to ask for a raise or promotion.

KY: Make a conscious decision to grow your network. Whether that means you join an organization or create your own group of women to support you, make an effort to develop relationships that will be mutually beneficial to your future. And be conscious that you need to ask for what you want.

What are some common things women do, consciously or unconsciously, to impede their careers?

CF: They use the word “we,” and they should be using the word “I.” That's pretty common. Anytime they're with their managers talking about their career and their future, they need to start using the word “I.” A lot of women are uncomfortable doing that.

KY: Women also forget to ask for things. If you don't ask, you don't get. Women also don't say “no” very often. Men have a really uncanny ability to sort of know what's not their job.

CONTINUED ON E8

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Getting Ahead

Work Like a Girl

CONTINUED FROM E7

Why do women have such a hard time selling themselves?

KY: Women are trained, we've both found in interviews, to keep their head down and do good work, and it will be rewarded. And they forget that the world just doesn't work like that.

CF: People believe it's their bosses' job to notice and reward good work. The fact is bosses have a lot to juggle and a lot of things to focus on, and what you contribute is not on their list of priorities.

Why is career planning so important?

CF: If you're not taking charge of

“People believe it's their bosses' job to notice and reward good work. Bosses have a lot to juggle.”

CAITLIN FRIEDMAN, AUTHOR

your career and setting goals for it and moving it forward, it's really nobody else's job. Change happens all the time; you're better off being a manager of that change and instigating change. Also, frankly, there isn't really a “perfect job” out there. You need to create an opportunity that's the right fit for

you. But in order to make that happen, you have to be a participant. You can't be watching your career passively.

Why do women need to approach their careers differently than men?

CF: Women have unique challenges when it comes to competing in the workplace. They have to develop a different skill set. One is learning how to sell themselves, two is how to ask for what they want, and three is building their own networks.

Can you get your career in gear without putting your personal life in neutral?

CF: Kicking your career into gear is about creating a professional life

that's really satisfying and inspiring, not about cutting out your personal life if it's important. It's about creating an environment that's satisfying on all levels.

KY: Take a longer view of it. When you have many personal responsibilities, too, it's more of a balancing act, sure, but it's also about communication with your partner or your kids or whoever you have to communicate with. It's a give and take, and sometimes work is on the front burner, but it won't be all of the time.

Is there anything you learned while you were writing this book that you wish you had known earlier in your careers?

CF: We spent a chapter in the

book on fears, and I think one of the reasons we included that is if you address the fears you may be bringing into the workplace early on, you're getting rid of a lot of stumbling blocks for yourself. People aren't conscious of the baggage and fears they're bringing in that are affecting their ability to grow. In that chapter, we did bring into it some fears we wish we had gotten over sooner.

KY: We knew what we didn't want and were being driven by that. We never did know what we wanted other than that we wanted to work for ourselves. And that was really out of necessity, because we couldn't stand working for anybody else. BETH LUBERECKI

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Getting Ahead



Veteran Joey Larman earned a bachelor's degree at the University of Maryland, but the GI Bill didn't cover all his expenses.

Fight for a Degree

Veterans find the GI Bill doesn't pay for all the costs of college education

Joey Larman was a year out of high school and flipping burgers at a McDonald's in King George County, Va., in 1997 when he decided that joining the Army was his best shot at getting an education. After he left the infantry — four years, a wife and two children later — he was even more determined to go to college and was counting on his military benefits to pay for it.

But it would be a long haul. Larman, who now lives in Gaithersburg, received just enough

money from his military education benefit and grants to cover Montgomery College's \$1,400 tuition and other educational expenses each semester. He took night classes so he could stay home with the kids, cutting day care out of the budget. But money was tight. His wife made about \$35,000 per year, not much for the family to live on in suburban Washington.

The finances got even trickier after Larman finished his associate's degree at Montgomery College and transferred to the University of Maryland in 2004 to complete his bachelor's degree. His tuition skyrocketed to more than \$3,000 per semester. Larman took out loans to cover the difference between his tuition and his military benefit for

the first year. But by the start of his senior year, he had tapped all of his benefits. All the while, bills would arrive before there was money to pay them. One time, the family's only car needed more than \$1,000 in repairs, and Larman had little choice but to put the charges on a credit card.

Despite the hurdles, Larman saw it through. He graduated in May 2006 from Maryland with a degree in marketing, 4 1/2 years after starting college and nearly \$15,000 in debt.

"If you want something, you have to be willing to do what it takes to get it," says

Larman, 29, who now is a civilian contract specialist for the

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Getting Ahead

GI Bill Blues

CONTINUED FROM E9

Defense Department. "Yeah, in a perfect world, you serve in the military and you get to go to school for free. But that's not the way it is, at least not right now."

It hasn't always been this way. The idea of college benefits in exchange for military service originated with the Servicemen's Readjustment Act of 1944, legislation aimed at assimilating the 16 million troops mobilized for World War II back into civilian life. Under that law, commonly referred to as the GI Bill, the government set a generous tuition limit that picked up the entire tab of most veterans' educations and also helped with housing and other reentry costs. About half of that era's veterans took advantage of the college benefits offered.

The bill has been renewed by Congress over the decades, with changes reflecting whether the nation is at war or peace and how high veterans benefits are on the nation's priority list. The current version — called the Montgomery GI Bill, after the late Rep. Gillespie V. "Sonny" Montgomery, D-Miss., a champion of veterans — took effect in 1985 during peacetime. Veterans advocates complain it has not kept pace with rising college tuition and increases in the cost of living, and there are two bills afloat in Congress that seek to reform it.

Currently, most veterans max out their benefits at \$38,700 for their entire college education. Meanwhile, the total cost of in-state tuition, fees, room and board at this country's public four-year universities averaged \$46,817 over the past four years, according to the College Board.

Enlistees who want educational benefits must contribute \$1,200 during their first year of service. In exchange, veterans who enlisted for active duty later receive \$1,075 per month (or slightly more if they contribute an extra \$600 anytime during their service) for up to 36 months, or four academic years, as full-time students. The benefit must be used within 10 years of military discharge. Like Larman, many of today's veterans are older and apt to have families, which can make the financial and time limits challenging.

These days, 95 percent of enlistees pay into the GI Bill program.

Of those, 29 percent never use the benefits. And just 9 percent redeem the full amount they're eligible for. Officials at the Department of Veterans Affairs emphasize that 71 percent of veterans in the program use some portion of the education benefit, more than ever. But the VA doesn't track how many veterans complete degrees.

Veterans using the benefit are taking on multiple jobs, crashing with Mom and Dad, putting tuition on credit cards and taking out student loans to make ends meet, advocates say. "You have these soldiers coming back, and they want to go to school as a way to decompress, and they're having to work two to three jobs to make it," says Patrick Campbell, legislative director at the Iraq and Afghanistan Veterans of America.

Both bills under consideration in Congress would eliminate the \$1,200 contribution requirement and increase the benefit to reflect the cost of schooling today. Sen. Hillary Rodham Clinton, D-N.Y., and Iraq veteran Rep. Patrick Murphy, D-Pa., introduced legislation in May that would provide for full tuition, fees, books, and room and board for eight semesters. A similar bill, introduced in January by Sen. Jim Webb, D-Va., a former Marine and secretary of the Navy, would also offer veterans full tuition and housing. In addition, Webb's bill includes a monthly stipend of \$1,000 and increases the amount of time veterans have to use their benefit from 10 to 15 years after discharge.

Updating the GI Bill, Webb says, is a cost of war. "If you're not going to take care of people you send to war, don't send them to war," he says. But, he argues, it's a cost with a clear return. He cited a 2007 government report that concluded that World War II veterans who took advantage of their educational benefits had higher earnings and an easier time readjusting to civilian life than those who did not. "You don't lose money when you pour it into people's heads," Webb says.

In recruiting offices nationwide, however, a different scenario is playing out. Slick advertising brochures highlight a \$72,900 college benefit, an amount that most recruits will not be eligible for because it factors in bonuses reserved for enlistees with special skills or those who commit to jobs that are difficult to fill. But the message seems to work.

A 2004 survey commissioned by the Army found that educational benefits were the most common reason cited by young adults for considering enlistment.

The benefits are what sold Edwin Cadena, 23. As a senior at Westfield High School in Chantilly, Cadena had his sights set on college. With high grades and a resume full of extracurricular activities such as soccer, track and salsa dancing, Cadena was admitted to the University of Virginia. Just one thing stood in his way — money.

So, with his college acceptance

You serve in the military and you get to go to school for free. But that's not the way it is, at least not right now."

JOEY LARMAN, ARMY VETERAN

letter in hand, Cadena signed on a different dotted line. He enlisted in the Marine Corps and, for four years, served as an amphibious assault vehicle commander. Cadena deployed to Fallujah, Iraq, in 2005 and found himself patrolling streets and knocking on doors in search of machine guns.

Cadena figured his benefits from the GI Bill would help make his service worthwhile. But when his service was up, Cadena realized he still wouldn't have enough money to attend the University of Virginia, even with in-state tuition. Today, Cadena gets about \$1,200 per month from the GI Bill. He lives with his parents to save on rent and has a part-time job making \$12 per hour scanning and entering forms into databases.

Even with Northern Virginia Community College's comparatively low tuition of about \$1,100 per semester, Cadena can't afford to get a place of his own. Once he finishes his associate's degree next spring, he hopes to transfer to one of Virginia's public four-year universities, where he'll likely pay at least three times as much in tuition alone.

"College money was the reason why I joined," he says. But "every year, college tuition goes up and up. So, every month you can get that money, and it's worth less and less." MICHELLE DIAMANT (THE WASHINGTON POST)

Getting Ahead



Margaret Kirkland is one of two Montgomery College professors who use cultural content to teach language to immigrants.

Language Artistry

One college uses cultural content to teach English to immigrant pupils

In a typical language course, a teacher might limit a discussion on the meaning of “chameleon” to its two well-known definitions: a lizard that changes colors or a person who, figuratively, does the same thing in different situations.

But at Montgomery College, it's only the beginning for students whose first language is not English.

In the Cultural Identity in a Changing World course, 16 students sitting in a four-hour class learned about chameleons in apartheid South Africa, people whose official racial designation was changed by the government through the stroke of a pen. Indians became colored; Chinese became white.

The course is designed to teach the nitty-gritty of language acquisition — reading, writing and oral communication — through the context of content rather than through drilling of basic skills, something

common in traditional classes for nonnative English speakers.

“Learning about culture helps us learn more about the language,” said Tereza Belohlavkova, 23, who came to the United States two years ago from the Czech Republic.

“In my country, it is more about memorizing stuff,” she said. “It's not as open-minded and relaxed. This class helps me. I feel like I am learning how to express myself, and I

“In my country, it is more about memorizing stuff. It is not as open-minded.”

TEREZA BELOHLAVKOVA, STUDENT

don't feel stupid to ask questions.”

Students in the course taught by Sharyn Neuirth and Margaret Kirkland — designed for students speaking English at the high-intermediate range — learn about American Indians and South Africans in an exercise that leads them to explore their own cultures.

“It is interesting to see how skills develop when you have a course based on context with a particular subject,” Kirkland said. “It develops in an organic way, just like the way we develop our first language.”

Neuirth and Kirkland wrote some of the materials for their course after discovering that much of the published resources written for students at that level had little content value, they said. They used material Neuirth obtained during a summer fellowship in South Africa.

The work can be difficult, and students have lots of demands on them. Many work full time or have ties to their native country that can disrupt their life in the United States.

Still, those who attend the classes get more than just rote memorization lessons on subject-verb agreement.

At a recent class, students discussed the different groups of people living in South Africa and strategized in groups about ways a minority group can impose its will on a majority.

Later, Kirkland turned their attention to an essay, “My Life as a Student,” which she used to teach the class about verb tenses.

The discussion ended on a light note, with a line from the essay about how important a social life can be to help build confidence and how exercising and music put the author in “a good mood to study.”

“Oh, good,” Kirkland joked, as her students laughed. VALERIE STRAUSS
(THE WASHINGTON POST)



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